



NIS Newsletter

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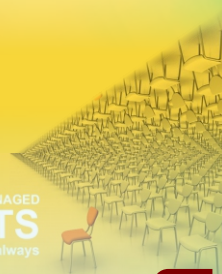


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EVENTS

FABULOUSLY MANAGED
EVENTS
are remembered always



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Prof. Dr.R MEENAKUMARI M.D(S).,
Director
National Institute of Siddha Chennai - 600 047.



Editorial

Since the COVID-19 crisis emerged, this institute rapidly adapt to the fast-evolving needs of patients, in order to provide the care they need. An efficient solution for prevention and management was made during the pandemic. When the normalcy begins, routine academic and healthcare activities are initiated in full swing. I am glad to note that the potentials of Siddha system of medicine and other traditional systems of medicine are felt among the common public and Health care Industry. This year witnessed setting up of World's first WHO Global Centre for Traditinal Medicine in Gujarat, India. This institute strives hard to maintain the standards of safe, comprehensive and high quality health care to the patients. Academic activities and welfare activities are geared up in this institute to ensure the quality education and contribution to society. The highlights of the activities are captured in this edition.

We always maximize the possibilities to serve the cause.

HIGHLIGHTS



Participation in Global Ayush Investment and Innovation Summit



Prof. Dr. R. Meenakumari, Director, National Institute of Siddha and a team of faculty members, medical officers and postgraduate scholars attended “The Global Ayush Investment and Innovation Summit” at Mahatma Mandir in Gandhinagar, Gujarat from April 20th to 22nd 2022. This summit is to drive rich content while advocating global understanding of Ayush education, research, innovation, entrepreneurship and sustained health across all Ayush systems. Hon'ble Prime Minister of India Shri. Narendra Modi presided over the event. Hon'ble Director General of the World Health Organization, Mr. Tedros Adhanom Ghebreyesus was

Shri. Sarbananda Sonowal, Union Cabinet Minister for Ministry of Ayush and Shri. Mahendra Munjapara, Minister of State for Ayush, and Shri Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush and other eminent personalities visited the exhibition stall of the Siddha system showcased by National Institute of Siddha



Participation in National Level Arogya Fair

The Ministry of Ayush has been organising AROGYA Fairs to promote awareness and showcase developments in Ayush Systems of Medicine. NIS participated National level Arogya fair which was held at Kalidas Sanskrit Academy, Ujjain, Madhya Pradesh from 27.5.2022 to 30.5.2022. Faculty members of NIS Dr. H. Vetha Merlin kumari, Associate Professor, Dept. of Maruthuvam and Dr. B. R. Senthilkumar, Assistant Professor (Physiology), Residential Medical Officer Dr V. Harish Anbu Selvan and PG Scholars attended the fair. The stall showcased by NIS was centred on Siddha medicine's uniqueness and therapeutic benefits.

The most defining and golden moments in Arogya fair- Honorable President of India, His Excellency Shri Ram Naath Kovind ji and the first lady of India Smt.Kovindji visited NIS stall on 29.5.2022 and appreciated the benefits of this system of medicine.



Prof. Dr. R. Meenakumari, Director, NIS visited Shri. Ma. Subramanian, Hon'ble Minister for Health and Family Welfare, Government of Tamil Nadu to thank his efforts for conducting COVID Care Centre in NIS..

Participation in Suryanamaskaram

On the holy occasion of Makar Sankranti (14.01.2022), Ministry of Ayush conducted a large scale virtual Suryanamaskaram for 75 lakh people in which the Director, Faculty members, PG scholars and non teaching staff members of NIS participated and performed Suryanamaskaram at NIS campus.



Participation in Vigyan Sarvatra Pujyate Expo

Vigyan Prasar (an autonomous institution under DST) organised the event 'Vigyan Sarvatra Pujyate Expo.' at Jawaharlal Nehru Stadium in New Delhi from February 22-28, 2022. Faculty members of NIS, Dr. S. Visweswaran, Associate Professor, Department of Gunapadam, Dr. B. Anbarasan, Assistant Professor, Department of Maruthuvam, Dr. I. Nithyamala, House officer, Dr. M. Sri Sakthi Logisha, Lecturer and PG scholars participated in the event highlighting the publications, research, and other accomplishments of NIS.



Participation in Mega Mumbai World Expo

Faculty members of NIS Dr.S.Sivakumar, Dr.M.Ramamurthy, Dr.K.Vennila and PG scholars participated in the Mega Mumbai World Expo, in Nehru Center Halls, Worli, Mumbai, from March 4th to 6th 2022 to highlight the research and other accomplishments of NIS.



Participation in Ayush Expo – Jaipur

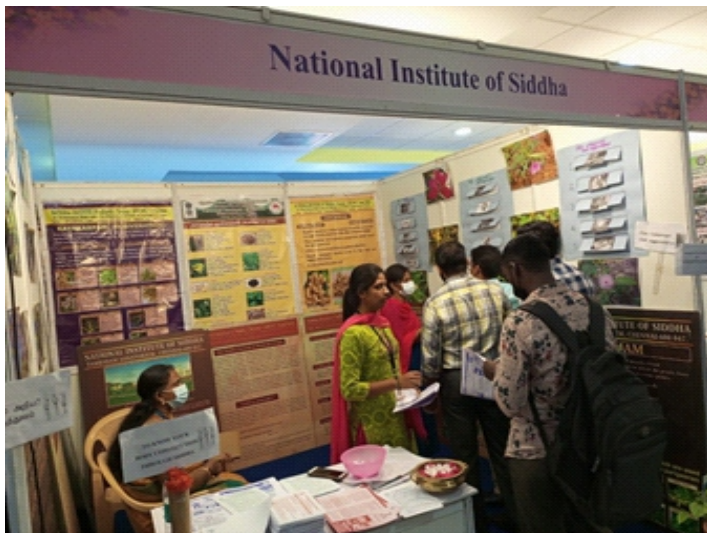
National Institute of Ayurveda and Ministry of Ayush organized three days Ayush Expo and Food Festival at the Jawahar Kala Kendra, Jaipur from March 11th to March 13th 2022. Faculty members of NIS Dr. M.V.Mahadevan, Associate Professor, HOD i/c Pura Marutham, Dr. Sudha Revathy, Asst.Professor, Department of Gunapadam and PG scholars exhibited the stall in the Ayush Expo. During the expo, Rajasthan's All India Radio broadcasted a discourse about Siddha medicine and the treatment options available at Ayothidoss Pandithar Hospital, which is affiliated with NIS.

Shri.Vaidya Rajesh Kotecha, the Secretary, Ministry of Ayush interacted with the faculty members during his visit to stall.



Participation in National Level Celebration for Biodiversity

National Institute of Siddha has participated in the National level celebration for Biodiversity 2022 in Chennai on 22-5-2022 at Kalaivanar arangam, which was organised by the National Biodiversity Authority. Hon. Minister, MoEFCC, Government of India, inaugurated the exhibition. The programme was attended by Director, Dr. D.Aravind, Assistant Professor (Botany), Dr. P. Samundeswari, Assistant Professor, Department of Varma Maruthuvam and PG scholars of NIS.



Participation in 10th Ayush Nature Expo – Mumbai

NIS participated in the 10th Ayush Natural Expo'22, from June 9 to June 11, 2022 at NESCO, Goregaon, East Mumbai and propagated about the distinctness of Siddha medicine. Dr. R. Madhavan, Associate Professor, Dept. of Nanju Maruthuvam, Dr. M. Ramamurthy, Associate Professor, Dept. of Noi Nadal, Dr. K. Vennila, Associate Professor, Dept. of Kuzhandhai Maruthuvam, Dr. N. Sabari Girija, Resident Medical Officer and PG Scholars represented NIS.

National Institute of Siddha's stall was visited by the chief guests, Shri. Narayan Prasad, the minister of tourism for Bihar and a number of visitors.



International Day of Yoga celebration in Mamallapuram

As part of 8th International Day of Yoga (IDY), 2022 Government of India celebrated this event at 75 iconic locations across the country in collaboration with the State Governments/UTs, Yoga Organisations, Public and Private Sectors. The main focus of this IDY is Branding India on the Global stage while showcasing India's Unity in Diversity through these 75 iconic sites with theme “Yoga for Humanity”.

National Institute of Siddha organized the event on 21.06.2022 between 6.00 am and 9.00 am at Shore Temple, Mahabalipuram, Tamilnadu - one of the 75 iconic places of India. Shri. A. Narayanaswamy, Hon'ble Minister of State, Ministry of Social Justice and Empowerment, Govt. of India was the Chief guest and led the programme. Prof. Dr. R. Meenakumari, Director, NIS, Shri. R.K.Verma, Deputy Director General, Directorate General of Lighthouses and Lightships, Noida, Dr. Sanjay Tyagi, Director, Software Technology Parks of India, Ministry of Electronics & Information Technology, Govt. of India, Shri. Karthick Chensundar, Director, Directorate General of Lighthouses and Lightships, Chennai and Shri. Rahul Nath, District Collector, Chengalpattu District graced the occasion.



NIS gathered about 1000 participants from Siddha Medical Colleges located around Chennai, Students from various schools and members from various government offices to participate in this Mega Event



Participation in International Day of yoga Celebration in Mysuru

The main event of International Yoga day was held at Mysure where the Hon'ble Prime Minister of India led the nation for Mass demonstration of Common Yoga Protocol from Mysuru Palace.

Director, National Institute of Siddha deputed a team of faculty and PG Scholars. NIS educated visitors on Siddhar Yogam, healthy food habits. COVID Prophylactic medication kits were also distributed to the visitors. The general public as well as other academic institutions from Mysuru responded enthusiastically.



Faculty Visit to CSIR Institutes, Lucknow for the Establishment of Central Instrumentation Facility in NIS

A team of faculty members, Prof. Dr.G.J.Christian, Dr.V.Suba, Dr.A.Muthuvel, Dr.M.Marudhu Ramachndran and Dr. B.R.Senthilkumar was deputed to visit CSIR Institutes in Lucknow between 08.06.22 and 10.06.22 for the establishment of Central Instrumentation Facility (CIF) in NIS.

Team visited to Central Drug Research institute (CDRI), Indian Institute of Toxicological Research (IITR), National Botanical Research Institute (NBRI) and Central Institute of Indian Medicinal Plants (CIIMAP), Lucknow.



Meeting with Industrial Consultancy and Sponsored Research (IC&SR), IIT, Chennai for Initiating IPR Activities in NIS

A team of faculty members from NIS visited Industrial Consultancy and sponsored Research (IC&SR), IIT, Chennai and interacted with Dean, IC&SR, and IPR cell members for the purpose of developing IPR policy and IPR Cell in the NIS. The meeting was held on 16/06/22 at the admin office of IC&SR,

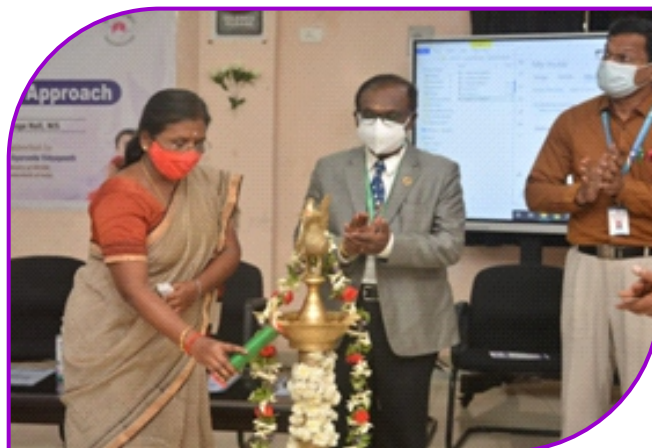


ACADEMIC ACTIVITIES



CME Program –Kuzhanthai Maruthuvam

The Department of Kuzhanthai Maruthuvam, NIS, organised a 6-day CME Program for Ayush Teachers, which is sponsored by the Ministry of Ayush from 03/01/2022 to 08/01/2022. The CME was inaugurated and the presidential address was delivered by Prof. Dr.R. Meenakumari, Director of NIS. Prof. Dr. R. Pattarayan, Hospital Superintendent and Head Department of Kuzhanthai Maruthuvam (Rtd) NIS, delivered the keynote address. Experts shared their experiences and enlightened the participants.



CME Program for AYUSH Doctors – Nanju Maruthuvam

Department of Nanju Maruthuvam, National Institute of Siddha, organized a six days CME on “Recent Approaches in Siddha Toxicology for Doctors”, from 14.03.2022 to 19.03.2022 at Yoga Hall of NIS. Dr.K.Thangaraj, Medical Superintendent, SRM Medical College Hospital & Research Centre, Kattangulathur, participated as Chief Guest. Prof. Dr. R. Meenakumari, Director NIS presided over the function and gave inaugural address.





Dr. V. Vijayakumar



Dr. R. Geetha Sudeer



Dr. L. Arul Amuthan



Dr. P. Shanmugapriya



Dr. G. Sivaraman



Dr. R. Madhavan



Dr. V.P. Chandrasekaran



Dr. Anoop austin



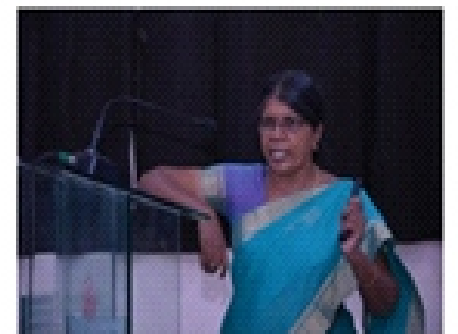
Dr. A. Gurumanekandan



Dr. K. Parthasarathy



Prof. Dr. K. Thangaraj



Prof. Dr. M. Krishnaveni

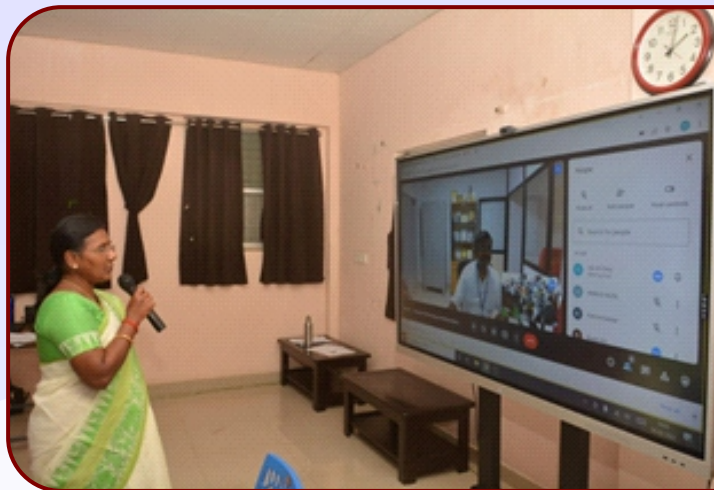
National Seminar on “Recent Researches in Siddha System of Medicine”- May 5th and 6th, 2022

National Institute of Siddha hosted a two-day National Seminar on "Recent Researches in Siddha System of Medicine" for the institute's Siddha postgraduate scholars on May 5th and 6th, 2022. A total of 54 oral presentations were made by NIS postgraduate scholars.



Training Programme on Research Methodology and Bio Statistics

National Institute of Siddha organised a 10-days training programme on "Research methodology and Bio Statistics" for this Institute's first-year PG Scholars and Internees from February 14 to February 25, 2022. The National Institute of Epidemiology (ICMR) conducted the training programme through a virtual platform at NIS, which included 54 PG Scholars and three Internees.



Counseling for MD (Siddha) 2021-22

PG counseling for seat allotment in eight Departments was arranged on 21.02.2022 based on AIAPGET merit list. Director issued allotment orders to all the candidates selected in various Departments



Linkages/MoU

MoU with Indian Institute of Technology-Madras

National Institute of Siddha (NIS) and the Indian Institute of Technology - Madras (IIT-M) signed the MoU in the presence of the Directors of both institutes, Prof. Dr. R. Meenakumari, NIS and Prof. Dr. V. Kamakoti, IITM. The aim of this MoU is to exchange knowledge, information, research and enhance the interaction between two institutes towards common mission of achieving excellence in Medical education, research and patient care and building the evidence based siddha practice



MoU with Chettinad Academy of Research and Education

NIS has entered into a Memorandum of Understanding (MoU) with Chettinad Academy of Research and Education (CARE) on 31.03.2022 (Friday). Director NIS, Prof. Dr. R. Meenakumari and Mrs.S.Jeyendrasaraswathi, Registrar, CARE signed the MoU document in an occasion held at National Institute of Siddha, Tambaram sanatorium.



Journal Club Meeting

The Journal Club of NIS conducted the 3rd Journal club meeting on 28.06.2022. PG scholars-Dr. K. Mahalakshmi, Dept. of Maruthuvam and Dr.A.Sherin Nisha, Dept. of Gunapadam have analysed research articles published in the indexed journals. The faculty members and PG Scholars actively interacted during the presentation.



Field/Industrial Visit

PG Scholars, Department of Gunapadam visited Papanasham between 08.02.22 and 10.02.22 and Vajragiri Hills, Acharapakkam, Chengalpattu district on 21.03.22 for plant identification and to explore the rare medicinal plants.



PG Scholars, Department of Gunapdam visited Uthramerur (Suthamalli) for *Pooneeru* collection on 16.04.2022.



Awards Received by the Faculties

1. Dr. S. Sivakkumar, Associate Professor, Department of Gunapadam received **BEST TEACHER AWARD 2021-2022** from Ayush international Medical Association Dr. BAIG's Advance Unani Research Center on 13.02.22



2. Achiever award to the frontline COVID workers was awarded for rendering medical service during COVID-19 pandemic period in the felicitation function which was conducted by NIS in association with Metroplex Tamil Sangam, Dallas Texas, USA on 17.6.2022.



Awards Received by the Scholars

1. Dr. P.M. Indhu and Dr. A. Sherin Nisha 3rd Year PG Scholar, Department of Gunapadam received **Best Student Award** from Janab. Mr. Abdul Rahman Ex. MP on the Occasion of Unani Day organized by Ayush International Medical Association and Dr. BAIGS Advance Unani Research centre, at Regional Research Institute of Unani Medicine, Royapuram, Chennai on 13.02.2022.



Internees from Other Institutes Visit to NIS- SRM Medical College Students Visit

First batch of Second Year M.B.B.S. Students from SRM Medical College visited National Institute of Siddha on 21.02.2022. Representatives of NIS explained about Ayush System of Medicines, Basic principles and Current trends of Siddha system of Medicines and they visited Out patient and In patient departments and External therapy sessions, Pharmacy, Museum, Animal House and Herbal Garden.



Chettinad Hospital Internees Visit

As part of the Compulsory Rotatory Medical Internship (CRMI) programme 11 Internees, from Chettinad Hospital and Research Institute had completed their observership programme in NIS from 29-06-22 to 05-07-22. They were oriented in all departments with detailed modules containing lectures, demonstration and discussion about the various specialities of Siddha.

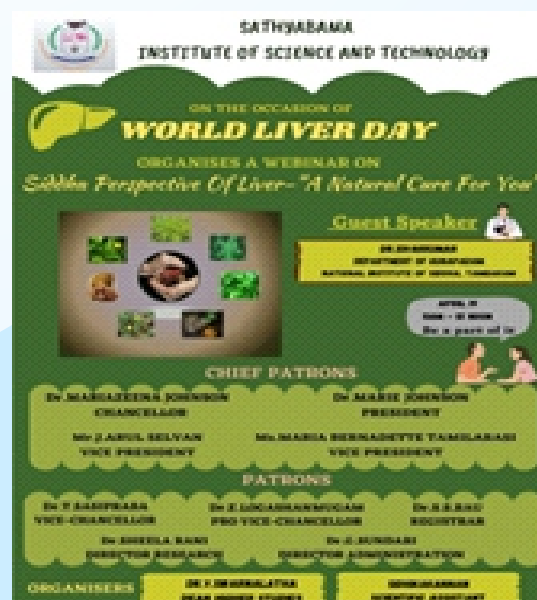


Faculty Participation in Various Scientific Events Department of Maruthuvam

1. Dr. T. Lakshmikantham, Associate Professor, Dr. H. Vetha Merlin Kumari, Associate Professor, Dr. H. Nalini Sofia, Associate Professor, Dr. B. Anbarasan, Assistant Professor attended the online training programme for all Ayush volunteers /nodal officers of Ayush Counseling helpline(14443) on “General management of covid 19/omicron “by Dr.Hariharan Iyer, DM Pulmonology on 22.1.22
2. Dr. T. Lakshmikantham, Associate Professor, Dr. H. Vetha Merlin Kumari, Associate Professor , Dr. H. Nalini Sofia, Associate Professor, attended National webinar on “Bio ethics with emphasis on GCP Guidelines” organised by Regional research Institute of Unani Medicine, Chennai, CCRUM, Ministry of Ayush, Govt of India on 5. 2.2022.
3. Dr. T. Lakshmikantham, Associate Professor, Dr. H. Nalini Sofia, Associate Professor participated in “National level online program” conducted by National Assessment and Accreditation council (NAAC) Bengaluru on 24.2.2022.
4. Dr. T. Lakshmikantham, Associate Professor, Dr. H. Vetha Merlin Kumari, Associate Professor, Dr. H. Nalini Sofia, Associate Professor attended the Post Budget webinar on 'Strengthening Telemedicine and IT enabled services for inclusive and equitable health care delivery” by Health and family welfare on 26.2.2022
5. Dr. H. Vetha Merlin Kumari, Associate Professor attended the National webinar on ”Drug development in unani Medicine “Organised by Regional Research Institute of Unani Medicine (RRIUM), Chennai, CCRUM, New Delhi, Ministry of Ayush, Govt. of India on 27.1.22
6. Dr. H. Nalini Sofia, Associate Professor, participated in the Aachaara Rasaayanam webinar “Ayurvedic approach to Management of ENT Diseases in General practice” by Dr. Jinesh J. Menon on 16th January 2022, “Kerala Special External Treatment Modalities in Bala Chikitsa” on 24 April 2022 , ' Clinical Application of Virechana Yogas- from Principles to practice' on 8th May 2022,conducted by Sitaram Ayurveda Research Foundation.
7. Dr. H. Nalini Sofia, Associate Professor, participated the training for “Use of upgraded AHMIS” conducted on 18.1.2022, 19.1.2022 and 22.1.2022 by Ministry of Ayush

Department of Gunapadam

1. Dr. S. Sivakkumar, Associate Professor, Department of Gunapadam delivered an invited lecture on “Siddha Prospective of Liver – A Natural Cure for You” in celebration of International Liver Day on 19.04.22 organized by Sathyabama University, Chennai.



2. Dr. S. Sivakkumar, Associate Professor, Department of Gunapadam delivered a special lecture in orientation programme of Ayush “Transitional Curriculum – 2022” on 30.04.22 at Nandha Siddha Medical College and Hospital, Erode.



3. Dr. S. Sivakkumar, Associate Professor, Department of Gunapadam participated as the Chief Guest in a TV debate Programme entitled “Traditional Medicine Vs Modern Medicine” in Vendhar TV on 22.03.22.



4. Dr. S. Sivakkumar, Associate Professor, Department of Gunapadam delivered a special lecture in Pathinen Siddharkal Chithirai Thiruvizha workshop “Plant Identification and Siddha Medicine Preparation” on 15.04.22 at Putru Maharishi Siddha Medical Service Center, Vellore



- Dr.S. Sudha Revathy, Assistant Professor and Second year PG Scholars, Department of Gunapdam participated in a National Seminar on “IPR and Ayush drug Prospects and Challenges” conducted on 30.03.2022 by Regional Research Institute of Unani Medicine, Royapuram, Chennai.



- Dr. S. Sivakkumar, Associate Professor and Dr. S. Sudha Revathy, Assistant Professor attended 6 days training programme on “ Technological interventions to standardize the Indigenous system of Medicine in India” jointly organized by the Ministry of Ayush and the Indian Institute of Technology Madras as a Centre for Continuing Education from 20.6.2022 – 25.6.2022, at IIT, Madras.



- Dr. S. Sivakkumar, Associate Professor, Department of Gunapadam participated in the RRDR review meeting held at CARI (CCRAS), Jhansi, UP on 28.02.22

Department of Pura Maruthuvam

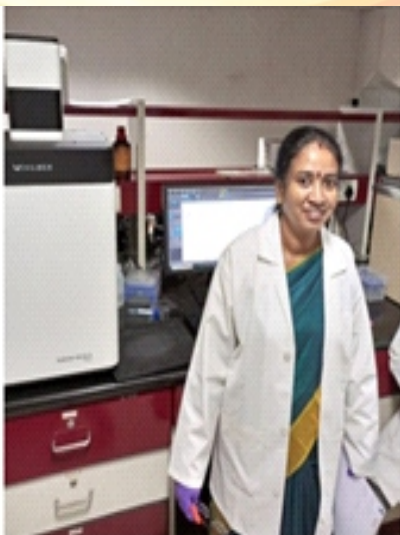
- Dr. D.Periyasami, Associate professor participated as a resource person in the International research conference in Siddha medicine (IRCSM 2022), Jaffna University, Srilanka held on 27.01.2022 in virtual platform under the topic. Importance of Leech therapy in Siddha system of medicine
- Dr.N.J. Muthukumar, Professor, Department of Varma Maruthuvam has Co-authored the article. “A scientific comparison of Attangayogam with Varma Maruthuvam”.
- Dr.M.Srisakthi logisha MD (s)., Lecturer, attended science club meeting programme for the month of May 2022 entitled “Intellectual property rights (IPR) What, why and How?” Central Council of Research in Siddha.

Department of Kuzhandhai Maruthuvam

- Dr.K.Vennila, Associate Professor, Dept of Kuzhandhai Maruthuvam delivered a Speech entitled “Effect of Padigaraneer peechu (ext) in the management of leucorrhoea along with internal medicine” conference in Siddha medicine (IRCSM 2022), Jaffna University, Srilanka held on 27.01.2022

Department of Nanju Maruthuvam

- Dr.S. Murugesan, Dr. R. Sathish Adithya, Dr. V. Manjari, Dr. P. Shanmugapriya and Dr. R. Madhavan, Associate Professors participated the National Webinar on "Evidence-based approach for prophylaxis and management of COVID-19 through Ayurveda interventions" on 31st January 2022 Organized by Regional Ayurveda Research Institute, Nagpur
- Dr.P.Shanmuga Priya, Associate Professor, participated in “One Day Online Orientation Training Programme on Preventive Vigilance” on 25.02.2022 organized by Institute of Secretariat Training and management.
- Dr. P. Shanmuga Priya, Associate Professor, participated in the **CME on “Identification of Medicinal And Herbal Plants Using Dna-Based Barcode Analysis (6 days)”** held from 4th -9th April 2022 at Centre for Cellular & Molecular Biology, Hyderabad.



4. Dr. S. Murugesan, Associate Professor, participated in the BMSS Webinar on Standardization of PBPK Modeling Practice on 14.1.2022 organized by SOT Headquarters
5. Dr. S. Murugesan, Associate Professor, participated in the Webinar 'Ayurvedic Approach to Management of ENT Diseases in General Practice' by Dr Jinesh J. Menon MS (Ay) on 16.1.2022
6. Dr. S. Murugesan, Dr. R. Sathish Adithya, Participated IMPCOPS live webinars by Dr. D. Rajasekar, M.D(S)., Guest Lecturer Santhagiri Siddha Medical college, Thiruvananthapuram
 - Treatment proceedings for back pain through IMPCOPS medicines on 21.01.2022
 - Treatment proceedings for Shoulder and Ankle pain through IMPCOPS medicines on 28.01.2022
7. Dr. S. Murugesan, Associate Professor, has participated in Three Day International E-Conference, organised by Department of Natural Products Chemistry, School of Chemistry, Madurai Kamaraj University, Madurai, Tamil Nadu, India, from 20-22nd January, 2022
8. Dr. S. Murugesan, Dr. V. Manjari, Dr. P. Shanmugapriya and Dr. R. Madhavan Associate Professors participated in the Aachaara Rasaayanam Webinar 'Revitalizing Cannabis therapy in Ayurveda -An Exploration of Emerging Possibilities' by Dr. Piyush Juneja on 30 January 2022
9. Dr. S. Murugesan, Associate Professor, participated International Webinar on Cancer Care - Covid & Beyond organized by VS Hospitals & The Hindu on 03.02.2022

10. Dr. S. Murugesan, Associate Professor, has participated the International Webinar on Cancer Awareness on World Cancer Day on 04.02.2022 organized by International Association of Oncology (IAO)
11. Dr. S. Murugesan, Associate Professor, has participated the International Webinar on International Childhood Cancer Day on 15.02.2022 organized by International Association of Oncology (IAO)
12. Dr. S. Murugesan, Associate Professor, Dr. R. Sathish Adithya, Assistant Professor has participated the two day national level seminar on Scientometric Visualization of Computational and Natural Products Chemistry – SVCNPC 2022 organised by Department of Chemistry, V.V.Vanniaperumal College for Women on 16.02.2022 and 17.02.2022
13. Dr. S. Murugesan, Associate Professor, Dr. R. Sathish Adithya, Assistant Professor has participated the International Webinar On Medical Cannabis: Panel Discussion on 19.02.2022
14. Dr. S. Murugesan, Associate Professor, has participated in the national webinar “Traditional Medicine & Science” on 26/02/2022 in “Science week 2022 Vigyan Sarvatra Pujiyate” at Regional Ayurveda Research Ayurveda, Nagpur.
15. Dr. S. Murugesan, Associate Professor, has attended the national Webinar on "Viral disorders and their management in Ayurveda with special reference to COVID 19 on 04.03.2022 by RARIMCH CCRAS
16. Dr. S. Murugesan, Associate Professor, has participated in the aachaara rasaayanam Webinar 'Innovative Integrated Approach in Sports Medicine & Orthopaedic Disorders' by Dr. Dr. Arshad P. on 6 March 2022
17. Dr. S. Murugesan, Associate Professor, has attended the International Webinar on Molecular Biomarker Identification For Right Treatment Decision In NSCLC organized by International Association Of Oncology on 29.03.2022
18. Dr. V. Manjari, Associate Professor, Dept. of Nanju Maruthuvam has participated “National Seminar on IPR and Ayush Drugs prospects and challenges” on 30.03.2022 at RRIUM, Chennai.
19. Dr. R. Sathish Adithya, Assistant Professor, participated the Webinar on “How to conceptualize a Research Design” held on 09.01.2022
20. Dr. R. Sathish Adithya, Assistant Professor, participated in the Anchrom Webinar on "HPTLC in Herbal Data Analysis" held on Jan 12, 2022
21. Dr. R. Sathish Adithya, Assistant Professor, participated in the Webinar on “Building Higher Immunity through Ayurveda for Omicron Variant” on 20.01.2022
22. Dr. R. Sathish Adithya, Assistant Professor, participated in the Webinar Recent trends in Ophthalmic Trauma organized by TNMGRMU, Hosted by Dr. Sudha Seshayyan, on Jan 21, 2022

Other Faculties

Dr. B. R. Senthilkumar, Assistant Professor, delivered an ***Invited Lecture*** on “Role of Siddha Medicine in Primary Health Care, Public Health and disease prevention”, in the “First Professional BSMS Transitional Program” on 26, April 2022 organized by RVS Siddha Medical College and Hospital, Coimbatore.



Dr. B. R. Senthilkumar, Assistant Professor, delivered an ***Invited Lecture*** on “Application and Scope of Integrated Technology in Extraction, Biochemical and Bioactive Analysis of Siddha Herbal Medicine”, in AYURTECH-2022,” organized by Indian Institute of Technology, Madras on 20, June 2022.

Invited Lecture at Indian Institute of Technology, Madras (IITM) on 20, June 2022.

Dr. B. R. Senthilkumar, Assistant Professor, written health related article in magazines - The Hindu Tamil Thisai (Tamil) daily.



- Dr. H. Nalini Sofia, Associate Professor, Department of Maruthuvam, Dr. M.V. Mahadevan, Associate Professor, Department of Pura Maruthuvam participated in the training programme “e – sanjeevani OPD stay home National Tele consultative service” in current pandemic conducted by RAV through CDAC on 20.1.2022.
- Dr.V. Mahalakshmi, Associate Professor, Department of yoga maruthuvam Dr. H. Vetha Merlin Kumari, Associate Professor, Department of Maruthuvam Dr. H. Nalini Sofia, Associate Professor, Department of Maruthuvam , Dr. R. Madhavan, Associate Professor, Department of Nanju Maruthuvam, Dr. S. Murugesan, Associate Professor, Department of Nanju Maruthuvam attended a webinar on Ayush in COVID ICU experience sharing of successful case by Dr.Ashwath Rao on 23.01.2022
- Prof.Dr.G.J.Christian and Dr.V.Suba attended 05-days “Online Training Program on **Traditional Medicine: Modern Approaches for Affordable and Accessible Healthcare**” sponsored by Department of Science & Technology (DST) virtually held from 21 - 25 February 2022 at Amity University, Uttar Pradesh.

Students Participation in Scientific Events

1. All PG Scholars attended two-day National Seminar on "**Recent Researches in Siddha System of Medicine**" for the institute's Siddha postgraduate students on May 5th and 6th, 2022.
2. First year PG scholars participated in the 10 days '**Research Methodology and Biostatistics**' online programme conducted by ICMR-National institute of Epidemiology, organized by National Institute of Siddha, from 14/2/2022 to 25/02/2022.
3. All first years attend the Workshop on the title '**How to do a good dissertation and publish?** (Research methodology and Bio statistics) Organized by Tamilnadu Dr MGR University from 21st June – 25th June , 2022.
4. Dr.G.Archana, Dr. T. Keerthiga, Dr. B. Indhumathi, Dr.E.Kanimozhi, Dr. S. Manju, Dr. R.Rajasri, Dr. A.Vimala Jasmine, II Year PG Scholars, Participated in Workshop on " **Basic Research technique & practise in Laboratory animal care**" held from 30/8/22-3/9/22
5. Dr. T. Keerthiga, Dr. A.Vimala Jasmine, Dr. R.Rajasri, Dr. K.R.Packiyalekshmi II Year PG Scholars, Participated in seminar on "**IPR and AYUSH drugs prospects and challenges**" held on 30.3.2022
6. Dr.R.Aarthi, Dr.A.Ajithkumar, Dr. S.Elamathi, Dr.R.Ganapathi, Dr.M.Nithyakalyani, Dr.G.Pugazharasi, Dr.E.Selvasankari, Third year PG scholars Participated in Continuous Medical Education Programme on "**Recent approach in Siddha Toxicology** " held from 14.3.22 to 19.3.22 at National Institute of Siddha
7. Dr.R.Aarthi, Dr.R.Ganapathi, Dr.G.Pugazharasi, Dr.E.Selvasankari, Dr. M. Anandhakrishnan, Dr.S.Jeeva, Dr.I. Sundaraganesh , Dr.T.Soruban, Dr.D.Valaman Third year PG scholar , Dr.R.Kaviya, Dr.D.Kayalvizhi 2nd Year PG Scholar , Dr.R.Padmavathi, Dr.V.Shalini, 2nd Year PG Scholars , Department of Gunapadam Participated in the twodays training programme on “**Standardization and Scientific Validation techniques in understanding the Safety and Toxicity of Herbo-metallic Preparations**” organized by the Centre for Advanced Research in Indian System of Medicine, SASTRA Deemed To be University, Thanjavur on 11 and 12 March 2022.



8. Dr.RS. Parvathy 3rd Year PG Scholar, Department of Gunapadam Participated in the **National level celebration for Biodiversity 2022** in Chennai on 22-5-2022 at Kalaivanar arangam, organised by the National Biodiversity Authority
9. Dr D. Velaman 3rd Year PG Scholar, Department of Gunapadam, Dr.M.G. Chithra, PG Scholar, Department of Maruthuvam, Dr.G.Ponmani and Dr.S.Tamilselvi participated in **Global Ayush Investment and Innovation Summit (GAIS)** at Mahatma Mandir, Gandhinagar, Gujarat from April 20th to 22nd, 2022.
10. Dr. M. Anandhakrishnan, 3rd Year PG Scholar, Department of Gunapadam, Dr.N.Santhini, Dr.S.Mahespriya, PG Scholar, Department of Maruthuvam, Dr.V.Ponmozhi, Participated in **“One day National Seminar cum Ayush award ceremony”** Organized by Ayush International Medical Association and Dr BAIGS Advance Unani Research centre at Regional Research Institute of Unani medicine, Royapuram, Chennai on 13.02.2022
11. Dr.P.M. Indhu, Department of Gunapadam presented a paper entitled **“Bio synthesis of nano metals from natural resources used in siddha system of medicine: A Review”** in 3rd International Research Conference on Siddha Medicine (IRCSM) 2022, Unit of Siddha Medicine, University of Jaffna, Sri Lanka held from 27.01.2022 to 30-01-2022.
12. Dr.P.M. Indhu, Dr.R.S.Parvathy, Dr.A.Sherin Nisha, Dr.I. Sundaraganesh Department of Gunapadam, Dr.D.Kayalvizhi, 2nd Year PG Scholar, Department of Gunapadam attended Arivar Koodam – Monthly science club webinar series on the topic **“Suvai- It is not just the taste”** - Dr.A.Mamallan MD(S) on 17.06.2022 organized by Siddha Clinical Research Unit, Bengaluru
13. Dr.S.Jeeva, 3rd Year PG scholar, Department of Gunapadam presented a paper entitled **“Effect of Siddha Herbal Poultice Mochaipatru (*Dolichos lab lab* Linn.) for the Management of Maru(Warts); A case study”** in 3rd International Research Conference on Siddha Medicine (IRCSM) 2022, Unit of Siddha Medicine, University of Jaffna, Sri Lanka held from 27.01.2022 to 30-01-2022
14. Dr.S.Jeeva, 3rd Year PG scholar, Department of Gunapadam attended a webinar on **Application of Rasoushadhis in Clinical Management of Respiratory Disorders** held on Jan 7, 2022
15. Dr.R.S.Parvathy, 3rd Year PG Scholar, Department of Gunapadam presented a paper entitled **“Significance of Siddhars knowledge in extractive methods; An overview”** in 3rd International Research Conference on Siddha Medicine (IRCSM) 2022, Unit of Siddha Medicine, University of Jaffna, Sri Lanka held from 27.01.2022 to 30-01-2022.
16. Dr.R.S.Parvathy, 3rd Year PG Scholar, Department of Gunapadam Participated and presented e-Poster in International Webinar PRIP INNOVATE-7: **“Scientific Achievements in Nano-drug Targeting”** on 16th June 2022 organized by the Department of Pharmaceutics, Pulla Reddy Institute of Pharmacy, Telangana-502313

17. Dr.A.Sherin Nisha, 3rd Year PG Scholar, Department of Gunapadam discussed the paper published in Journal of Clinical and Diagnostic Research (JCDR) entitled as Anti-ulcer activity of ethanolic extract of *Salvadora indica* leaves on albino rats in Journal club meeting, NIS, held on 28/06/2022.
18. Dr.A.Sherin Nisha, 3rd Year PG Scholar, Department of Gunapadam presented a paper entitled as '**An overview of Emergency practice in Siddha system of medicine**' in 3rd International Research Conference on Siddha Medicine 2022, Unit of Siddha Medicine, University of Jaffna, Sri Lanka held from 27.01.2022 to 30-01-2022.
19. Dr.T.Soruban, 3rd Year PG Scholar, Department of Gunapadam participated in the AACHAARA RASAAYANAM Webinar '**Ayurvedic Approach to Management of ENT Diseases in General Practice**' by Dr Jinesh J. Menon MS (Ay) on 16.01.2022.
20. Dr.T.Jayaveeran, 2nd Year PG Scholar, Department of Gunapadam, presented a paper titled "**A Comparative Analysis of VaippuIndhuppu and Commercial Indhuppu**" in the National Seminar on Recent Researches in Siddha System of Medicine" held from 05.05.2022 & 06.05.2022 at National Institute of Siddha, Chennai.
21. Dr.R.Kaviya, 2nd Year PG Scholar, Department of Gunapadam presented a paper titled "**Antimicrobial activity of Siddha preparation *ThyvelaiEnnai* Against Common Pathogens of Otitis Media**" in the National Seminar on Recent Researches in Siddha System of Medicine" held from 05.05.2022 & 06.05.2022 at National institute of Siddha, Chennai.
22. Dr.D.Kayalvizhi, 2nd Year PG Scholar, Department of Gunapadam presented a paper on "**Therapeutic approach of a Siddha Preventive drug Rudraksham(*Eloacarpussphaericus*) against Covid-19: A review**" in 3rd International Research Conference on Siddha Medicine (IRCSM – 2022), University of Jaffna, Jamnagar, Srilanka (Virtual) held from 27.01.2022 to 30.01.2022
23. Dr.D.Kayalvizhi, 2nd Year PG Scholar, Department of Gunapadam presented a paper titled "**A Comparitive study on *PadigaraNeer* and Chlorhexidine Against Selected Oral Pathogens**" in the National Seminar on Recent Researches in Siddha System of Medicine" held from 05.05.2022 to 06.05.2022 at National institute of Siddha, Chennai.
24. Dr.D.Kayalvizhi, 2nd Year PG Scholar, Department of Gunapadam participated in International Webinar PRIP INNOVATE-7: "**Scientific Achievements in Nano-drug Targeting**" on 16th June 2022 organized by the Department of Pharmaceutics, Pulla Reddy Institute of Pharmacy, Telangana-502313.
25. Dr.R.Padmavathi, 2nd Year PG Scholar, Department of Gunapadam, presented a paper titled "**Qualitative and Quantitative Analysis Of Siddha Synthetic Preparation VaippuVengaram and Commercially Available Vengaram- A Comparative Study**" in the National Seminar on Recent Researches in Siddha System of Medicine" held from 05.05.2022 to 06.05.2022 at National institute of Siddha, Chennai
26. Dr.R.Padmavathi, Dr.A.Paulin Mary, Dr,V.G.SenthamilSelvi 2nd Year PG Scholar, Department of Gunapadam, attended Science club meeting on the topic "***Suvadiyiyalinarimugammatrum Siddha maruthuvatinthodarbum***" conducted on 24.05.2022 by Siddha Central Research Institute

27. Dr.A.Paulin Mary, 2nd Year PG Scholar, Department of Gunapadam presented a paper on **“Effectiveness of Siddha Formulations for Rudimentary Dental Problems-A Review”** 3rd International Research Conference on Siddha Medicine (IRCSM – 2022), University of Jaffna, Jamnagar, Srilanka (Virtual) held from 27.01.2022 to 30.01.2022
28. Dr.A.Paulin Mary, 2nd Year PG Scholar, Department of Gunapadam presented a paper titled **“Study on the Biodiversity of Medicinal Plants available in and around Vajragiri Hills, Acharapakkam, chengalpettu District”** in the National Seminar on Recent Researches in Siddha System of Medicine” held from 05.05.2022 to 06.05.2022 at National institute of Siddha, Chennai.
29. Dr.M.Preethi Priyadarshini, 2nd Year PG Scholar, Department of Gunapadam Presented a paper titled **“Evaluation of Antimicrobial and Antiinflammatory Activity of Siddha Drug Paal Thelineer”** in the National Seminar on Recent Researches in Siddha System of Medicine” held from 05.05.2022 to 06.05.2022 at National Institute of Siddha, Chennai
30. Dr.V.G.SenthamilSelvi, 2nd Year PG Scholar, Department of Gunapadam Presented and won best paper award for the presentation titled **“Comparative Quality Analysis of Castor Oil extracted with Water, Tender Coconut water with Market Available Cold-Pressed Castor Oil”** in the National Seminar on Recent Researches in Siddha System of Medicine” held from 05.05.2022 to 06.05.2022 at National Institute of Siddha, Chennai.
31. Dr.V.Shalini, PG Scholar, Department of Gunapadam presented a paper on **“Cardioprotective Medicinal Plants and Therapeutic formulations used in Siddha System of Medicine-A Review”** in 3rd International Research Conference on Siddha Medicine (IRCSM – 2022), University of Jaffna, Jamnagar, Srilanka (Virtual) held from 27.01.2022 to 30.01.2022
32. Dr.V.Shalini, PG Scholar, Department of Gunapadam Presented and won best paper award for the presentation titled **“Qualitative and Quantitative Analysis of Rasam(Mercury) in Selected White Color Flowers and Normal Varieties- A Comparative Study”** in the National Seminar on Recent Researches in Siddha System of Medicine” held from 05.05.2022 to 06.05.2022 at National institute of Siddha, Chennai.
33. Dr.T.Swathi, 2nd Year PG Scholar, Department of Gunapadam presented paper titled **“Qualitative and Quantitative Analysis of ThurunjiManapagu”** in the National Seminar on Recent Researches in Siddha System of Medicine” held from 05.05.2022 to 06.05.2022 at National Institute of Siddha, Chennai.
34. Dr. D. Anandha lakshmi, PG Scholar, Department of Maruthuvam, Presented a paper on the topic **“Estimation of quality of life in Kurai Veethana noi(Hypothyroidism) patients with add on siddha management reporting at OPD of Ayothidoss Pandithar hospital National Institute of Siddha-A cross sectional study”** in National Seminar on Recent Researches in Siddha Medicine organised by National Institute of Siddha at NIS from 05th May to 06th May 2022.
35. Dr.K.Bharathy, PG Scholar, Department of Maruthuvam, Presented a paper on the topic **An Open Non Randomised Clinical Trial To Evaluate The Effectiveness Of Oma Chooranam In The Management Of Moolam (Internal Hemorrhoids) Among Out-Patients Attending Ayothidoss Pandithar Hospital**, in National Seminar on Recent Researches in Siddha Medicine organised by National Institute of Siddha from 05th May to 06th May 2022
36. Dr.G.Dhivya, PG Scholar, Department of Maruthuvam, Presented a paper on the topic **An Open Non Randomised Clinical Trial To Evaluate The Effectiveness Of sombu theeneer (internal) and peenisathirku thailam (external) In The Management Of peenisam (sinusitis)** in National Seminar on Recent Researches in Siddha Medicine organised by National Institute of Siddha from 05th May to 06th May 2022

37. Dr.P.J.Kowsika Shree, PG Scholar, Department of Maruthuvam, Presented a paper on the topic **A Cross Sectional Study On Frequency Of Kuraiveethana Noi (Subclinical And Clinical Hypothyroidism) Among Chronic Kidney Disease Patients Reporting At Out Patient Department Of Ayothidoss Pandithar Hospital**, in National Seminar on Recent Researches in Siddha Medicine organised by National Institute of Siddha at NIS from 05th May to 06th May 2022.
38. Dr.R.Mohana, PG Scholar, Department of Maruthuvam, Presented a paper on the topic **A cross sectional study on proportion of depression anxiety and stress in Madhumegam (Type 2 diabetes Mellitus) reporting at Ayothidoss pandithar hospital** in National Seminar on Recent Researches in Siddha Medicine organised by National Institute of Siddha at NIS from 05th May to 06th May 2022.
39. Dr.A.Pavithra, PG Scholar, Department of Maruthuvam, Presented a paper on the topic **Estimation Of Quality Of Life And The Functional Status In Post Covid-19 Patients Reporting At Out Patient Department Of Ayothidoss Pandithar Hospital, National Institute Of Siddha - A Cross Sectional Study**, in National Seminar on Recent Researches in Siddha Medicine organised by National Institute of Siddha at NIS from 05th May to 06th May 2022.
40. Dr. C.Selvalenin, PG Scholar, Department of Maruthuvam, Presented a paper on the topic **An Open, Non-Randomized, Clinical Trial To Evaluate The Therapeutic Effectiveness of Adathodai Nei In The Management of Swasakaasam (Bronchial Asthma) Among Patients Reporting At Out Patient Department of Ayothidoss Pandithar Hospital** in National Seminar on Recent Researches in Siddha Medicine organised by National Institute of Siddha at NIS from 05th May to 06th May 2022.
41. Dr.A.Surya, PG Scholar, Department of Maruthuvam, Presented a paper on the topic **An Assessment of quality of life in uthiravatha suronitham (rheumatoid arthritis) patients reporting at Ayothidoss pandithar hospital National Institute of Siddha-A cross sectional study**, in National Seminar on Recent Researches in Siddha Medicine organised by National Institute of Siddha at NIS from 05th May to 06th May 2022.
42. Dr.A.Thanigainathan, PG Scholar, Department of Maruthuvam, Presented a paper on the topic **An Open Non Randomized Clinical Trial To Evaluate The Efficacy of Sagalanoi Chooranam In The Management Of Thookaminmai (Primary Insomnia) Among Patients Attending Out Patients Department of Ayothidoss Pandithar Hospital, National Institute of Siddha**, in National Seminar on Recent Researches in Siddha Medicine organised by National Institute of Siddha at NIS from 05th May to 06th May 2022.
43. Dr.R.Subhashri presented a paper (Oral presentation (virtual) – Topic of **Meta analysis on Puramaruthuvam – External medicine and therapies used in dissertation of the clinical department in NIS** in International conference on literary research and descriptive studies in siddha system of medicine organized by GSMC, Palaiyamkottai on 17.2.2022 – 18.2.2022.
44. Dr.R.Subashri participated in **Scientific writing in health research** conducted by NIE through Swayam NPTEL

HOSPITAL ACTIVITIES



Inaguration of Siddha COVID Care Centre at NIS

The Honorable State Health Minister of Tamilnadu Thiru. Ma. Subramanian inaugurated the Siddha COVID Care Centre on 17-01-22. Key note address was given by Thiru. S. R. Raja, MLA, Tambaram constituency. Felicitation address was given by State Health Secretary Thiru. Dr. Radhakrishnan, I.A.S, and Thiru. S. Ganesh IAS, Director, Indian Medicine and Homoeopathy.



**தாம்பரம் சித்த மருத்துவமனையில்
'கொரோனா கேர் சென்ட்ர்' துவக்கம்**

தாம்பரம், ஜூன் 18-
தாம்பரம் சாண்டோரியத்
தில் உள்ள தேயிலைத் தோட்ட
மருத்துவ நிறுவனத்தில்,
நெதர்லாந்து கொள்கை
நிபந்தனை மையம் நேற்று
நிறக்கப்பட்டது.
தாம்பரம் சாண்டோரியத்
தில் உள்ள தேயிலைத் தோட்ட
மருத்துவ நிறுவனத்தில், 100 படுக்கை
வசதிகளுடன்
கொள்கைநிபந்தனை மையம்
அமைக்கப்பட்டுள்ளது.
நெதர்லாந்து கொள்கை
நிபந்தனை மையம்

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■ சித்த மருத்துவ கொளோனை சிகிச்சை மையத்தைத் திறந்து வைத்து பார்வையிட்ட. மக்கள் நலவாழ்வுத் துறை அமைச்சர், மா.கூப்பிரமணியன், செயலர், ராஜா கிருஷ்ணன், தாம்பரம் எம்.எல்.ஏ., ராஜா மற்றும் அதிவாரிகன் இடம்: தேசிய சித்த மருத்துவ நிறுவனம், தாம்பரம் சாண்டோரியம்.

ஓமியோபதி துறை இயக்குனர் கணேசன், சித்த மருத்துவ நிறுவன இயக்குனர் மீனாகுமாரி மற்றும் பச்சேந்தன்.

அதிக்காரிகள் இடம்: தேசிய சபை
தம்பப்பாசன ஸ்டேஜோபியம்.

சர் மா.சுப்பிரமணியன்
நேற்று துவக்கி வைத்தார்.
நிகழ்ச்சியில், செயலர்
ராஜாதிருஞ்சென், மற்றும்
திய மருத்துவம் மற்றும்

ஒமியோபதி துறை இயக்
குகள் குணேஷ், சித்த மருத்
துவ நினைவு இயக்குனர்
மீனாட்சுமணி மற்றும் பலர்
பங்கேற்றனர்.



தாம்பரத்தில் தேசிய சித்த மருத்துவமனையில் 100 படுக்கை வசதிகளுடன் கூடிய கொரோனா சிகிச்சை வையத்தை அமைச்சர் மா.கா.வி.ரமணிபுன் திறந்துவைத்து பார்வைவிடீ.யோது எடுத்த ப.ம.

தாம்பரம் சித்த மருத்துவமனையில்

100 படுக்கை வசதிகளுடன்

கொரோனா சிகிச்சை மையம்

அமைச்சர் மா.கப்பிரமணியன் திறந்து வைத்தார்

தாம்பரம், ஜன. 10-
தாம்பரம் தித்த மருத்து
வமனையில் ஈடுபடுகை
வச இ க ள் திறப்பு
கொரோனா மையத்தை
செய்ததை மாகபிரம்
அனுமதிச் மா.கபிரம்
ஸிவன் திறந்து வைத்
தார்.

ரம் கவனிடவேண்டிய
கொண்டனர்.
பின்னர் திருபுகளிடம்
அமைச்சர் மா. கப்பிரமணி
யார் கருவியாற்றினார்.

விட்ட பகுதிகளைப் போல
விட்ட சக்கனாக காணோ
இராமப்பூதத்தில் உள்
அவர்களைத் தொந்தர
செய்துள்ளனர்
அவர்கள் பாருகாவது ஒரு
குக்கு இருந்தால் கூட அ
இராமமணியில் பரவ
தலை ஏற்பட்டிருக்கும். இ
ராம 3 நாட்களில் அது

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தமிழகத்தில் 1,591 படுக்கைகள் தயார்
கரோனா பாதித்தவர்களுக்கு சித்தா, ஆயுர்வேத சிகிச்சை அளிக்க
மாநாடு துவங்கியது

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Solid Waste Management Training– 2022

Training cum Workshop on Sustainable Integrated Solid Waste Management was conducted by Mr. Indrakumar and Mr. Pannerselvam, and their team from Exnora international. The experts used real-life examples and case studies to demonstrate their points. All of the major aspects of trash reduction, collecting, composting, recycling, and disposal were taught during the course to the hospital and housekeeping staff of NIS.



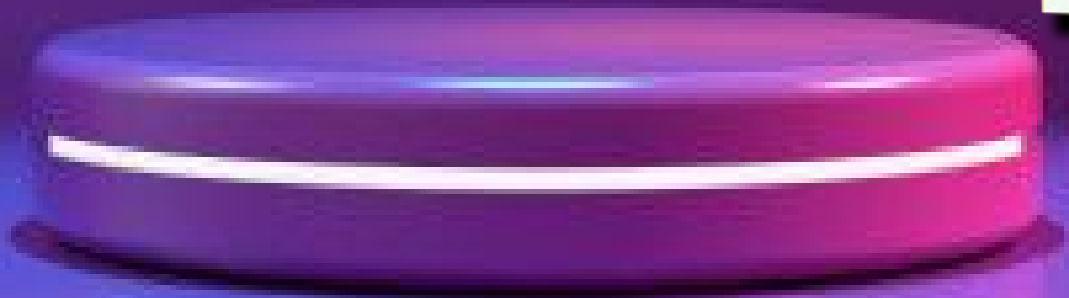
Annual Health Checkup of NIS Staff

The annual health check for all staff was conducted from March 2 to March 4, 2022 for the early detection of problems.



Social Welfare Initiatives-Out Reach Activities

community



Medical Camp and Medicinal Plants Distribution to Public-Part of the Post-5th Siddha Day Celebrations

On 07/01/2022, National Institute of Siddha, Tambaram, and the World Tamil Medical Association (WTMA), Papanasam - Tirunelveli organised a free Siddha medical camp and distributed medicinal plant saplings at Brahmadesam Village as part of the post-5th Siddha Day celebrations.



On 08/01/2022 NIS conducted medical camp and distributed medicinal plants at Agathiyar, Servalaru and Chinnamaielaru Kaani kudiyruppu- Tirunelveli



On 24.02.2022 COVID-19 Prophylactic Medicine Distribution Camp was conducted at Sairam Matriculation Hr. Sec. School, Sai Leo Nagar, Poonthandalam, West Tambaram, Chennai - 600 044



NIS and Thiruvavarur Rotary Club jointly organised a free Siddha Medical Camp, as well as the distribution of medicinal plant saplings, at Veludayar Higher Secondary School, Thiruvavarur, as part of the Post 5th Siddha Day Celebrations on February 26, 2022.



Free Siddha Medical Camp and medicinal plant distribution at Arts and Science College, Dharmapurion March 26, 2022,





Siddha Medical Camp and medicinal plant saplings distribution to the public at Government Arts College Dharmapuri on March 26. Tmt. S. Diyadharshini, Dharmapuri's District Collector and Magistrate, inaugurated the camp



Distribution of Immune Boosting Siddha Medicine Kits- Part of Azadi Ka Amrit Mahotsav Celebration

NIEPMD hosted a "National Forum on "Self-Advocacy for Persons with Intellectual and Developmental Disabilities (PwIDD's) and their Family Members (SUYOG)" from the 10th to the 12th March 2022. As part of the AzadiKa Amrit Mahotsav celebrations, National Institute of Siddha distributed immune boosting siddha medicine kits which will improve the quality of life for those with numerous impairments.



Prof. Dr. R. Meenakumari., Director, NIS distributed the Siddha COVID-19 Prophylactic Medicines kit to representatives of Arkeeswarer Colony, Chromepet, Chennai 44 on 25.01.2022 for public to commemorate Azadi ka Amrit Mahaotsav.



COVID-19 Prophylactic Medicines kit distribution to frontline workers and their families of Tamparam Fire & Rescue Station on 21.01.2022 to commemorate Azadi ka Amrit Mahaotsav.

Covid-19 Siddha Prophylactic Medicine Distribution Camp at Government Boys Higher Secondary School Padappai, Chennai on 16-3-2022.



Covid-19 Siddha Prophylactic Medicine distribution Camp at Government Girls HSS, East Tambaram on 18-3-2022.



Covid-19 Siddha Prophylactic Medicine distribution Camp and medical camp at Sai Garden, Arumbakkam, Serapanancherry Village panjayath on 20.03.2022.



Prophylactic Medicine Distribution Campagin for Covid-19 in P.T.Lee Chengavaraya Naicker college of Engineering and Technology, Kancheepuram on 10.04.22



Documentation of Medicinal plants @Vajragiri hills

Prof. Dr. R. Meenakumari spearheaded the documenting of medicinal plants as well as endangered species found in the Vajragiri hills reserve forest in Acharapakkam, Chengalpattu district. Under the support and guidance of Mr. Muthukumaran, Ranger / Forest Officer and his team, a team led by Dr. S Sivakkumar, Associate Professor, Dr. D. Aravind, Assistant Professor (Medicinal Botany), and Dr. S. Sudha Revathy, Assistant Professor visited the hill on March 21, 2022 and documented the available medicinal plants in this forest. As part of World Forest Day, the NIS team planted a tree at the Acharapakkam Forest Office.

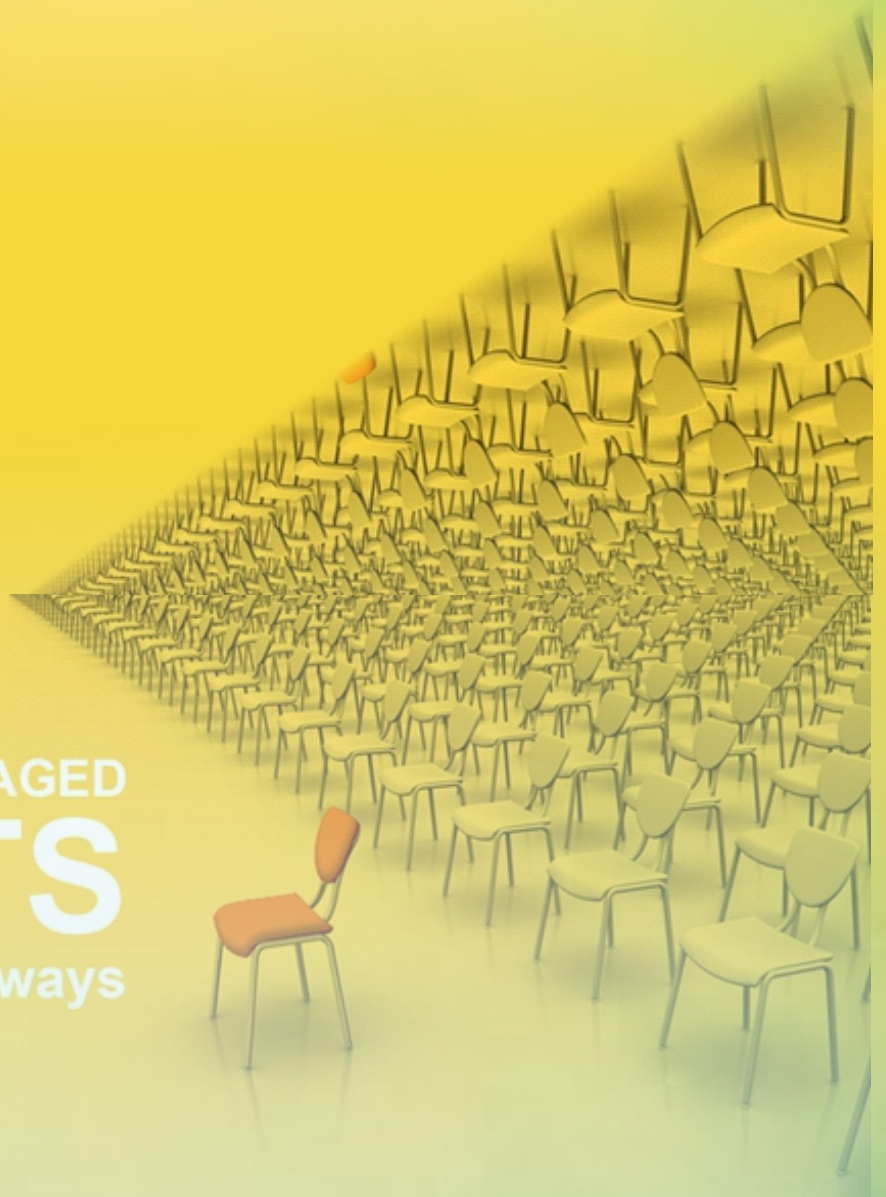


Director's speech on Siddha system of Medicine and Siddha day in FM Radio at Tirunelveli



EVENTS

FABULOUSLY MANAGED
EVENTS
are remembered always



National Girl Child Day - 2022

National Institute of Siddha celebrated the National Girl Child day on 24.01.2022 by conducting various competitions for public.



பெண் குழந்தைகள் தின கவிதை போட்டி



ஜன.25 2022

தாம்பரம் சாஸ்டோரியத்தில் உள்ள தேசிய சித்த மருத்துவ நிறுவனம் வளாகத்தில் தேசிய பெண் குழந்தைகள் தினம் கொண்டாட்டம்

தாம்பரம், ஜன. 25-
தாம்பரம் சாஸ்டோரியத்
தில் உள்ள, தேசிய சித்த
மருத்துவ நிறுவனத்தில்,
பெண் குழந்தைகள் தினத்
தையொட்டி, பல்வேறு
போட்டிகள் நேற்று நடத்
தன.

சமூகத்தில் பெண் குழந்
தைகளின் உரிமையையும்,
சம வாய்ப்பையும் உறுதி
செய்யும் பொருட்டு, ஆண்
டுதோறும் ஜன., 24ம்
தேதி, தேசிய பெண் குழந்
தைகள் தினம் கொண்டா
டப்படுகிறது.

இதன்படி, நேற்று
தேசிய பெண் குழந்தைகள்
தினத்தையொட்டி, தாம்ப
ரம் சாஸ்டோரியத்தில்
உள்ள தேசிய சித்த மருத்
துவமளையில், பள்ளி
மாணவர்கள் மற்றும் சித்த
மருத்துவ நிறுவன பட்ட
மேற்படிப்பு மாணவர்க
ளுக்கு, பல்வேறு போட்டி
கள் நடத்தப்பட்டன.

வினாடி - வினா, பாரம்
பரிய உடை அணிவகுப்பு,
கவிதை மற்றும் பேச்சு
போட்டிகள் ஆகியவை
நடத்தப்பட்டன.

இதில், வினாடி வினா
போட்டியில், 18 வயதுக்



பள்ளி மாணவிக்
கூடும், மற்ற போட்டிகள்,
சித்த மருத்துவ பட்டமேற்
படிப்பு மாணவ - மாண
வியகும் கலந்து கொண்
டனர். வெற்றி பெற்ற
மாணவர்களுக்கு பரிசுகள்
வழங்கப்பட்டன.

மேலும், பள்ளி மாண
வியகூக்கு, போகாசன
முறையில் உடலை வலுப்
படுத்தும் விதமாக, சூரிய
நமஸ்காரம், மண்டுகாச
னம், பாதஹஸ்தாசனம்,
சர்வாங்கா

சனம் உள்ளிட்ட ஆச
னங்களும் பயிற்றுவிக்கப்
பட்டன. அன்றாட உணவுடன்
என், உணுது, வேர்க்க
டலை, நாட்டுக் கோழி
முட்டை, கிரோகன், பனை
வெல்லம், வெந்தயம்,
பால் கொழுக்கட்டை,
நெல்லி, மாதுளை,
வாழைப்பழங்கள், வெண்
பூசணி ஆகியவற்றையும்
சேர்த்துக் கொள்ள வேண்
டும் என, மருத்துவமனை
டாக்டர்கள் அறிவுறுத்தினர்.



வரிசை படுத்தி மற்றும்
குறிப்பாக இறுப்புருத்தை
எய்யப்படுத்தும் சூரிய
நமஸ்காரம் மண்டுகாசனம்,
பாதஹஸ்தாசனம், மாதுளை,
சர்வாங்காசனம் முதலிய
வற்றைச் செய்ந்து மேற்பட்ட
பெண் குழந்தைகளும் மற்ற
பொருள் நிறுவன சாலைகளில்
செய்தல் உணவு முறை என்
பேர் உடலை உணுது நாட்டு
கோழிமுட்டை, கிரோகன்
கேழ்வரகு பனைவெல்லம்
வெந்தயம் போன்றவற்றை
சியபாரிசி டிட்டு, தேய்வி
மாதுளை வாழைப்பழம்
கற்றாழை முனைக்கட்டிய

73rd Republic Day Celebration - 2022

Prof. Dr. R. Meenakumari., Director, NIS unfurled the National flag and she distributed the prizes to the winners of the various competitions held during National Girl Child Day Celebration at NIS.



International Women's Day - 2022

NIS celebrated the International Women's Day on 8th March 2022. Ms. Geetha Ilangovan a well-known journalist and independent filmmaker was the chief guest. She conducted interactive session on "Balancing the Professional and Personal Life."



Poshan Pakhwada - 2022

National Institute of Siddha organized the National Nutritional Programme (Poshan Pakhwada 2022) under the guidance of the Ministry of Ayush from 21/03/2022 to 04/04/2022. The Director addressed the gathering about the necessity of nutritional traditional foods in modern life for good health. Competitions for children, adolescents, and mothers were held as part of this initiative. "TRADITIONAL FOOD KIT" was distributed to children and adolescents in the Ayothidoss Pandithar Hospital's OPD and IPD.





World Earth Day, World Water Day and World Forest Day activity

As part of World Earth Day, World Water Day, and World Forest Day, the National Institute of Siddha arranged a social environment activity. Komatsu India pvt Ltd and Exnora inovators international collaborated on these activities on 27/03/2022.



World Cancer Day - 2022

On February 4, National Institute of Siddha observed the World Cancer Day to promote cancer prevention, detection, and treatment.





உலக புற்றுநோய் தினம் - 2022
World Cancer Day - 2022
Date : 04.02.2022

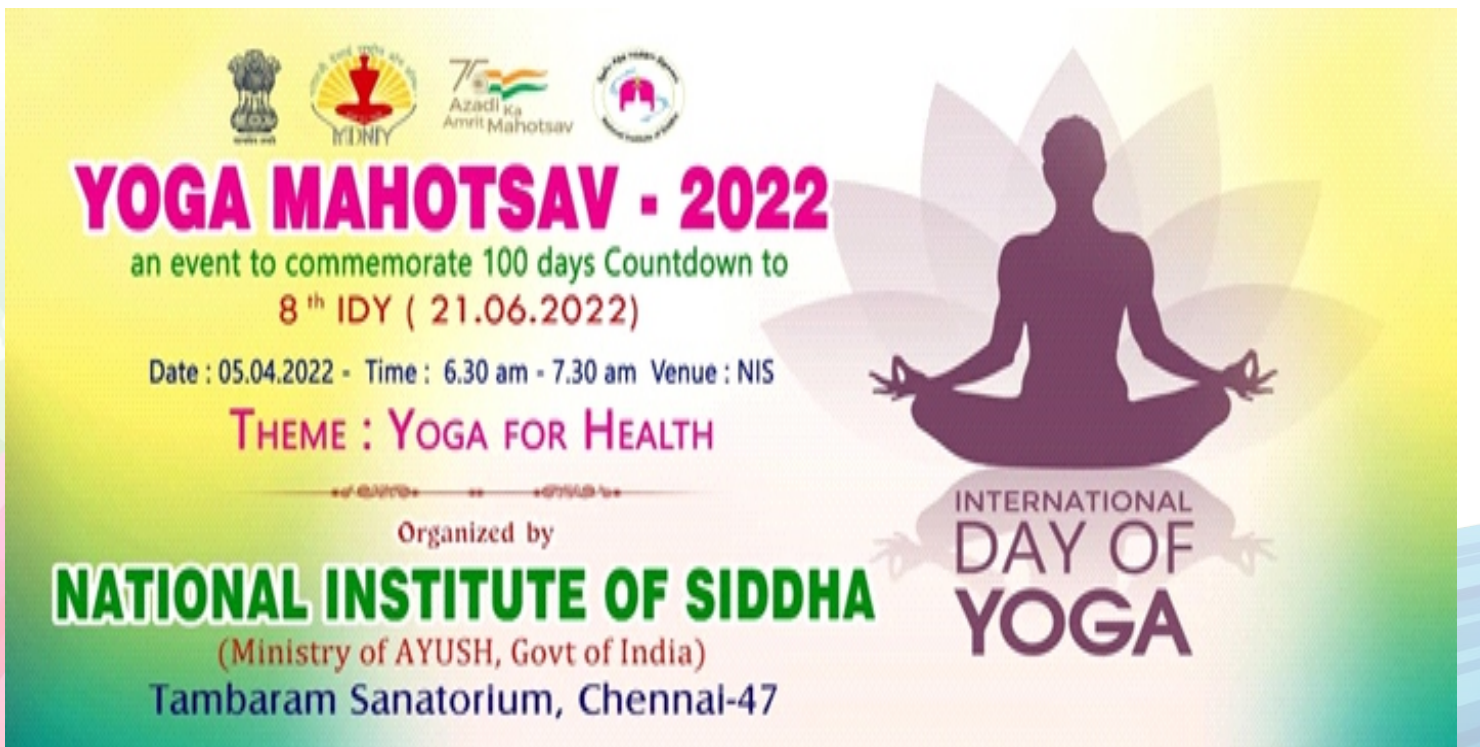
முறையான மார்பக பரிசோதனை செய்து கொள்வோம்
புகைப் பிடித்தலை தவிர்ப்போம்
கருப்பைவாயினை பரிசோதனை செய்து கொள்வோம்
ஆரோக்கிய உணவை உட்கொள்வோம்





புற்றுநோயைத் தவிர்ப்போம் !

NATIONAL INSTITUTE OF SIDDHA
Ministry of Ayush, Govt. of India
Tambaram Sanatorium, Chennai-47

Yoga Mahotsav -2022

As a part of Yoga mahotsav -2022, an event to commemorate 100 days countdown to 8th International Day of Yoga in collaboration with MDNIY was organized by National Institute of Siddha on 05.04.2022. A special yoga performance was given by the PG scholars of Sirappu Maruthuvam followed by mass yoga programme performance as per the Common Yoga Protocol by all staff.





YOGA MAHOTSAV - 2022
an event to commemorate 100 days Countdown to
8th IDY (21.06.2022)

Date : 05.04.2022 - Time : 6.30 am - 7.30 am Venue : NIS

THEME : YOGA FOR HEALTH

Organized by
NATIONAL INSTITUTE OF SIDDHA
(Ministry of AYUSH, Govt of India)
Tambaram Sanatorium, Chennai-47

INTERNATIONAL DAY OF YOGA



World Health Day - 2022

On World Health Day, April 7, 2022, audio messages highlighting the benefits of the Siddha system of treatment for the well-being of patients and the general public were aired through the Public Address System in the Out Patient Department of Ayothidoss Pandithar Hospital., NIS. Visual display boards at the OPD displayed video clips on various non communicable diseases and lifestyle problems such as diabetes, heart disease, hypertension, obesity, were arranged. There were also video clips and display items relating to enhancing the immune system and the Siddha concept for longevity.



Thank You

