

# International Conference on Siddha Diet and Nutrition for Healthy Life 2023

Date : August 10-11, 2023

Venue : Silver Jubilee Hall, The TN Dr. M.G.R. Medical University,  
Guindy, Chennai - 32, Tamil Nadu



Organized by

**National Institute of Siddha (NIS)**

Ministry of Ayush, Govt. of India

In collaboration with

**Central Council for Research in Siddha (CCRS) &**

Ministry of Ayush, Govt. of India

**Directorate of Indian Medicine and Homeopathy**

Government of Tamil Nadu



## About National Institute of Siddha

The National Institute of Siddha (NIS), located on a sprawling campus of Tambaram Sanatorium, Chennai is a center of excellence with research and higher education in Siddha System of Medicine as its Mission. The Institute was inaugurated on 03.09.2005 by the then Hon'ble Prime Minister of India.

This Institute is affiliated to The TN.Dr.M.G.R.Medical University, Chennai and the Syllabus and Curriculum are in accordance with the National Commission for Indian System of Medicine (NCISM), New Delhi.

The National Institute of Siddha has excellent infrastructure, dedicated and highly knowledgeable faculty members and bright students. This Institute is poised to reclaim the glory of Siddha System so that the system can play a major role globally in the field of health care.

The NIS aims to provide the best possible post graduate education in Siddha, by putting together a team of distinguished faculty members and building a quality resource base. The Institute intends to develop curriculum so that the benefits of the traditional science can be integrated with modern science. The NIS undertakes research to enhance the acceptability of the Siddha formulations and to validate their safety. Plans are afoot to forge interdisciplinary alliances with various branches of modern medical sciences.

This Institute is conducting UG degree (BSMS) and Post Graduate degree [M.D(Siddha)] & Doctoral Programme (Ph.D) in eight Specialties of Siddha Systems of Medicine. With the commencement of UG degree in Siddha, a new milestone has been achieved by paving way for aspirants all over India to Study Siddha System of Medicine.





  
**UG PROGRAMME**  
**60 Seats**

**All India quota 30 Seats**  
**Institutional quota 30 Seats**

  
**PG PROGRAMME**  
**58 Seats**

- Maruthuvam
- Gunapadam
- Kuzhandhai
- Noi Naadal
- Nanju Maruthuvam
- Pura Maruthuvam
- Varma Maruthuvam
- Siddhar Yoga Maruthuvam

  
**PhD PROGRAMME**  
**16 Seats**

- Maruthuvam
- Gunapadam
- Kuzhandhai
- Noi Naadal
- Nanju Maruthuvam
- Pura Maruthuvam
- Varma Maruthuvam
- Siddhar Yoga Maruthuvam

## About The Venue (The TN Dr. M.G.R. Medical University)

The Tamil Nadu Dr. M.G.R. Medical University is situated in Southern part of the City of Chennai in the State of Tamil Nadu, South India. It is about 6 Kms from the Chennai International and about 12 Kms from the Chennai Central Railway Station. It is one of the premier Medical Universities named after the former Chief Minister of Tamil Nadu, (late) Hon. Dr. M.G.Ramachandran (M.G.R) and it is the second largest Health Sciences University in India.





## About the Conference (ICSDN2023)

The Organizing committee is pleased to inform that as a part of 6<sup>th</sup> Siddha day celebrations, it has been decided to conduct an International Conference on Siddha Diet and Nutrition for Healthy Life to propagate Siddha medical system globally. The aim of this conference is to disseminate the knowledge in the field of Siddha dietetics & its related subjects with the participation of National & International Scholars, Researcher and Professionals. This conference will also discuss the Fundamentals, Latest developments and Future scope.

### Theme : **Siddha Diet and Nutrition for Healthy Life**

#### Sub themes:

- Therapeutic value of Millets in Siddha system of Medicine
- Archaeological and Historic evidence regarding Siddha system of Medicine
- Siddha External therapies
- Higher order medicines in Siddha
- Standardization of Siddha drugs
- Literature Review, Preclinical and Clinical Studies
- Cross-sectional and Observational studies
- Siddha Principles and Diagnostics
- Siddha Pharmacovigilance / Siddha toxicology
- Siddha Varmam and Siddhar Yogam
- Siddha Pediatrics and Gynaecology

## Call for Papers

### Abstracts submission:

Faculties/Researchers/Scientists/Students/Industry persons are invited to submit their research papers for this conference. All the submitted abstracts will be reviewed by Scientific Committee and selected for oral/poster presentation. Please visit our website <https://nischennai.org> for further updates in this regard.



## Guidelines for Abstract submission

One page abstract should be submitted for both oral and poster presentation. The submitted abstract should be original and Should not have been published previously. **Abstract must be in English and within 300 words in MS word format. Font size -12, Title font size - 14, Font - Times New Roman. Line space -1.5 and should be in justified alignment.** Name and affiliation of the Author with contact details along with email ID of presenting Author must be clearly mentioned.

## Preferred Abstract Template

Title, Background, Objectives, Methods, Results, Conclusions, Key words

## Guidelines for Poster presentation

Dimensions: 120 cm (Height) X 90 cm (Width) Orientation: Portrait, Language: English, Poster Title Font : Arial Bold, Font size: 25 Poster Body Text: Arial, Size 20, Single space. Pictures and Graphs to be used wherever needed to enhance the appearance

## Important dates:

Note: Those already registered / submitted abstract in response to ICSDN2023 First circular, need not register again [Spot registration is not available]

**Date of Conference: 10.08.2023 & 11.08.2023**

Venue: Silver Jubilee Hall, The TN Dr. M.G.R. Medical University, Guindy, Chennai - 32

Last date for Registration : 20.07.2023

Last date for abstract submission : 20.07.2023

Last date for Full paper\* submission : 27.07.2023

**Best paper will be awarded**







### Registration fee details

a) UG students	:	Rs. 100.00
b) PG/Ph.D Scholars	:	Rs. 200.00
c) Faculty/ Medical officers & Others	:	Rs. 300.00
d) Foreign delegates	:	\$. 05.00

The delegates from Siddha Medical Colleges have to register themselves through the Head of the Institution. Siddha medical colleges may also nominate faculties to this conference and they are exempted from registration fee. Registration fee includes Conference Kit & Lunch and refreshments for two days. Delegates have to bear their expenses towards travel and stay. No arrangement will be made by the organizer in this regard.

***Registration for the conference is mandatory.***

***Those who have already registered need not register again***

**Registration link :** <https://forms.gle/m7VVEVEYyyMVsjTp9>

#### **Contact :**

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