



NATIONAL INSTITUTE OF SIDDHA
Ministry of Ayush
Government of India

Ph.DPROGRAMME
(FULL TIME)
2025-26

PROSPECTUS

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The course of study leading to the award of the Degree of Doctor of Philosophy by this Institute shall be governed by these Regulations

1. INTRODUCTION

1.1. ABOUT THE INSTITUTE

Siddha system is one of the oldest systems of medicine in India. The term ‘Siddha’ means achievement and the ‘Siddhars’, who have achieved substantial knowledge in the medical field have been the propounders of this medical system. According to Sage Thirumoolar, the first disciple of the great Sage and founder of Siddha System, Agathiyar :

“Medicine is the one that cures physical ailments

Medicine is the one that cures psychological ailments

Medicine is the one that prevents diseases

Medicine is the one that bestows immortality”

The National Institute of Siddha, a premier Institute offering UG, PG and Ph.D Programmes in the Siddha System of Medicine, is situated at Tambaram Sanatorium, Chennai, Tamil Nadu. Constructed in 14.78 acres of land, this is an autonomous Institute under the Ministry of Ayush, Government of India, which has started functioning on 30.09.2004. It is the only National Institute, which caters to higher studies and research in the Siddha System.

1.2. AIMS AND OBJECTIVES

- To promote the growth and development of Siddha system of Medicine
- To provide Health care through Siddha system
- To impart Under Graduate, Post-Graduate and Doctoral education in Siddha system of Medicine
- To undertake research and dissemination of knowledge about Siddha system
- To act as a Center of excellence in Siddha

1.3. ACADEMIC PROGRAMMES

This Institute is affiliated to the Tamil Nadu Dr.M.G.R Medical University, Chennai-32. It follows the syllabus and curriculum as approved by the National Commission for Indian Systems of Medicine (NCISM), New Delhi and the Tamil Nadu Dr.M.G.R Medical University, Chennai for the UG, PG and Ph.D programmes.

1.3.1. BACHELOR OF SIDDHA MEDICINE & SURGERY (BSMS)

The Institute started the Bachelor of Siddha Medicine and Surgery (BSMS) Programme with an annual intake of 60 students during the year 2022-23. It is a 5 ½ years programme with One year internship during the final year. The admission to the BSMS programme is being done from NEET qualified candidates.

1.3.2. DOCTOR OF MEDICINE (MD) (SIDDHA)

At present this Institute is offering Post-Graduate programmes in the following eight Departments.

- Maruthuvam
- Gunapadam
- Kuzhandhai Maruthuvam
- Noi Naadal
- Nanju Maruthuvam
- Varma Maruthuvam
- Pura Maruthuvam
- Siddhar Yoga Maruthuvam

Admission to the M.D (Siddha) programmes is done based on the marks obtained in the All-India Ayush Post-Graduate Entrance Test (AIAPGET), conducted by the Ministry of Ayush and other relevant rules.

1.4. Ph.D PROGRAMME

This Institute has been recognized by the T.N Dr. M.G.R Medical University as a center to conduct Full Time & Part Time Ph.D programmes in Eight Departments. The Ministry of AYUSH, Govt. of India has sanctioned 16 seats to this Institute in the following departments, to conduct Full-Time Ph. D programme:

- Maruthuvam
- Gunapadam
- Kuzhandai Maruthuvam
- Noi Naadal
- Nanju Maruthuvam
- Pura Maruthuvam
- Varmam Maruthuvam
- SiddharYogam Maruthuvam

2. PURPOSE OF Ph.D PROGRAMME

Ph.D programmes provide opportunities to students, Teaching Staff and Medical Officers with M.D (Siddha) Qualification to undertake advanced studies and research in the field of Siddha. The Candidates have to submit their Ph.D Thesis for the award of Ph.D Degree to The Tamil Nadu Dr.M.G.R.Medical University, Chennai.

3. DURATION OF Ph.D PROGRAMME

The total duration of the Ph.D programme is three years. Under special circumstances, considering the importance of the work, Director, NIS, may extend the tenure of the Ph.D programme upon the recommendation of the Supervising Guide and also based on the rules and regulations of The Tamil Nadu Dr.M.G.R.Medical University, Chennai, in this regard from time-to time. The Ph.D Scholars can also be terminated from the programme at any time if the work and the conduct of the candidates are found to be unsatisfactory by the Competent Authority.

4. STIPEND

The Ph.D candidates will be paid a stipend of Rs. 50315/-+DA for the First Year and Rs. 51990/-+DA for the Second year, which may be revised from time-to-time as per the orders received from the Ministry of AYUSH. **The stipend period will commence from July 1st or January 1st every year, based on their joining session, subject to the condition that the stipend will be disbursed only after the candidate obtains confirmation of**

his/her provisional registration from The Tamil Nadu Dr.M.G.R.Medical University, Chennai. The stipend will be released on the basis of the attendance certified by the respective Supervising Guide and/or Biometric attendance.

As per the extant rules, no stipend is admissible after 2 years. Stipend / Salary will not be admissible for regular in-service Faculty Members/Medical Officers of Central/State Government organizations who join the Full Time Ph.D programme by availing study leave or scholarship/fellowship from other sources.

5. ELIGIBILITY

Candidates seeking admission to the Ph.D programme should have obtained a Post-Graduate Degree in Siddha, in the concerned subject under Indian Medicine Central Council Act,1970.

6. AGE LIMIT

No age limits

7. LEAVE RULES

The Ph.D Scholars are entitled for the following leaves:

- 8 days Casual Leave per year.
- 15 days Academic Leave per year. (may be sanctioned by the Director NIS, Chennai on the basis of the recommendation of the Supervising Guide)
- 10 days Medical leave per year on production of Medical Certificate
- Candidates are eligible for 40 days Maternity leave once in the whole period of Ph.D programme (may be sanctioned by the Director NIS, Chennai on the basis of the recommendation of the Supervising Guide)

8. HOW TO APPLY

The application form for Ph.D Programme will be available in the NIS Website: <https://nischennai.org>. Candidates can download the form and fill all the required details. The filled in application form along with all required documents (as per check list) shall be scanned as a single PDF and can be uploaded in the link provided for uploading in the NIS website. The Application Fee is Rs. 2,000/- (Rupees two thousand only) for general and OBC candidates and Rs.1500/- (Rupees one thousand five hundred only) for SC /ST and Physically handicapped candidates. The payment of fees should be made by the way of UPI Payment to the current account of National Institute of Siddha standing at Bank of Baroda by scanning

the QR code available in the NIS website. The payment receipt generated should be attached and uploaded along with the application form failing which the Application Form will be summarily rejected. Service candidates must submit their application only through their Competent Authority with the required documents. Otherwise such applications will not be considered at any cost.

Application Fee once remitted will not be refunded under any circumstances. Inadequately filled up/incomplete applications will also be summarily rejected. The Application Fee of such applicants will also be forfeited.

9. MODE OF SELECTION

Applications for Ph.D Programmes are invited through a newspaper advertisement issued every year. Selection of the candidates will be done on the basis of merit that will be ascertained through a Written Test and Personal Interview. The minimum qualifying marks in the Written Test would be 50% for UR and OBC candidates and 45% for SC/ST candidates. The Written Test will be followed by the Personal Interview by the duly constituted Selection Committee. The Selection Committee will consist of The Director, Dean, Supervising Guide and a Senior Faculty member in the concerned subject. **“In respect of reserved community candidates i.e., SC/ST/OBC, if the candidate qualify with relaxed standard if any, he/she is eligible to compete only for the reserved seat to that community”**. If two candidates of the same category/specialty score equal marks in the Written Test, their dates of birth will be considered for preparing the final merit list. In case the dates of birth are similar then the total marks obtained in final year M.D (Siddha) examination will be considered for preparing the final merit list.

10. VALIDITY OF THE SELECTION PERIOD TO PH.D PROGRAMME

The maximum period for validity of the Selection of the candidates, through the Ph.D Entrance Test conducted by this Institute would be 2 years. During this period the candidates will be permitted to attend a maximum of 4 Screening Sessions conducted by the Tamil Nadu Dr. M.G.R Medical University. Even after 4 Screening Sessions if a candidate fails to secure Provisional Registration for their Ph.D Programme in the Tamil Nadu Dr. M.G.R Medical University, their selection based on the Ph.D Entrance Test would be treated as invalid and they shall have to re-appear for the Ph.D Entrance Test, in order to pursue Ph.D programme in this Institute in future.

11. EXAMINATION PATTERN

The Question Paper will consist of 100 MCQ Questions from the following subjects:

Concerned PG subjects	: 70 marks
Research Methodology and Bio Statistics	: 30 marks

One mark will be awarded for each correct answer. Negative marks will also be there. 0.25 marks will be deducted for each wrong answer or if more than one answer has been selected. Zero marks will be given for unattended questions.

12. FEES

1. The selected Candidates have to remit the following fee:-

First Year fee for Ph.D programme			
<i>I Installment (At the time of admission)</i>		<i>II Installment (after getting provisional registration from the T.N Dr. M.G.R Medical University)</i>	
Item	Amount (Rs.)	Item	Amount (Rs.)
Non-refundable		Non-refundable	
Admission fee	5000	Tuition fee	5000
Research fee	25000	Research fee	20000
Bulletin fee	750	Lab/Hospital fee	3000
Computer & Internet fee	5000	Sports fee	1000
Library fee	4000	Annual Day/ Cultural fee	1000
Literary fee	1000		
Development fee	2500		
Prospectus fee	2000		
Identity Card	500		
Refundable			
Caution Deposit	25000		
Total	70750	Total	30000
Grand Total of I & II Installments		70750 + 30000	100750

Note-Admission fee (Non-Refundable) once remitted will not be refunded under any circumstances

2. For the Second and Third year the fees will be as follows:

S.No	Particulars	II year (₹)	III year (₹)
1	Tuition fee	5000	5000
2	Admission fee	0	0
3	Research fee	45000	45000
4	Bulletin fee	0	0
5	Computer & Internet fee	5000	5000
6	Library fee	4000	4000
7	Lab / Hospital fee	3000	3000
8	Sports fee	1000	1000
9	Annual Day /Cultural fee	1000	1000
10	Literary fee	1000	1000
11	Development fee	2500	2500
Total		67500	67500

(Rupees Sixty Seven Thousand Five Hundred only)

13. TOPIC OF RESEARCH

The Research topic should be relevant to their specialty and follow the regulatory guidelines.

14. CONFERENCE

Candidate should attend minimum two National /International Conferences in a year and should present at least two research papers in a year. They are not eligible for TA/DA/Registration fees to meet out the expenses related to conferences.

15. PUBLICATIONS

The Ph.D work of the candidates should be published in Peer reviewed; UGC /MCI approved journals as an article or in the form of a book for its public utility. Acknowledgement should be given to NIS and The Tamil Nadu Dr.M.G.R Medical University, Chennai.

16. CONTINGENT GRANT

Candidates are eligible for a Contingent Grant of Rs.15,000/- (Rupees Fifteen Thousand only) for Second and Third year only. Contingent Grant will be released to the candidate subject to the following rules:

- a) The Candidate may utilize the Contingent Grant for the purchase of apparatus, chemicals, books and journals, Photocopying, photographs, typing, stationery, postage and field work /travel needed in connection with their PhD programme, study tours with the approval of the Director on the recommendation of the Supervising Guide, etc.,
- (b) The Contingent Grant is not intended for meeting the expenditure on the purchase of other items normally provided by the Institute and for payment of examination and other fees.
- (c) The non-consumable articles purchased out of the Contingent Grant will be first entered in the accession/stock register of the library/store of the concerned department and then the articles will be issued to the Ph. D scholar, so as to ensure that on expiry/termination/relinquishment of the fellowship, the non-consumable articles are returned to the concerned departments.
- (d) For each expenditure met out of the Contingent Grant, a certificate from the Supervising Guide to the effect that the expenditure incurred is in furtherance of the approved Ph.D programme will be necessary.
- (e) Travelling allowance, to be met out from the Contingent Grant for approved field work/travel in connection with the research work, will be admissible by 3 tier A/C sleeper only.

17. NUMBER OF SEATS

12 seats are available for the Full Time Ph.D programme for the academic year 2025-26, which will also be based on the availability of Supervising Guides in this Institute.

18. RESERVATIONS

Communal reservation will be provided as per the Central Government rules admissible from time-to-time, provided the candidates fulfill the minimum qualifications laid down as mentioned above. Reservation of seats for the year 2025-26 will be as follows:-

S.No.	Specialty	UR	OBC	SC	ST	Total
1	Maruthuvam	0	0	0	1	1
2	Gunapadam	0	1	1	0	2
3	Noi Naadal	1	1	0	0	2
4	Nanju Maruthuvam	1	0	0	0	1
5	Pura Maruthuvam	0	1	1	0	2
6	Varma Maruthuvam	2	0	0	0	2
7	Siddhar Yoga maruthuvam	1	1	0	0	2

19. PATENT RIGHTS

The Patent rights obtained as an outcome of the research work will vest jointly with NIS Chennai, the Supervising Guide and the Candidate.

20. HOSTEL ACCOMMODATION

Hostel accommodation may be provided to the Ph.D scholars subject to availability.

21. DISCIPLINARY PROCEDURE

The candidate, if found indulging in any indiscipline or anti – social activities / creating nuisance in any manner, will be terminated from the Ph.D programme with immediate effect. In such case, the candidate has to refund the total stipend received by him/her till the date of termination along with the penalty of Rs.10,00,000/- (Rupees Ten lakhs) as prescribed in the bond.

22. NAME OF SUPERVISING GUIDES

S.No.	Name of Specialty	Name of Supervising Guide
1	Maruthuvam	Dr.H.Vetha Merlin Kumari, Professor & HoD
2		
3		Dr.H. Nalini Sofia, Associate Professor
4	Gunapadam	Dr.S.Visweswaran, Professor
5		Dr.S. Sivakkumar, Professor
6		Dr.A.Mariappan, Associate Professor
7	Kuzhandhai Maruthuvam	Dr. M. Meenakshi Sundaram, Professor
8		Dr. A.M. Amala Hazel, Professor

9		Dr.K.Suresh, Professor & HoD
10		Dr.P. Arul Mozhi, Associate Professor
11		Dr.K.Vennila, Associate Professor
12	Noi Naadal	Dr. G.J Christian, Professor
13		Dr. S. Elansekaran, Professor & HoD
14		Dr. M. Ramamurthy, Associate Professor
15	Nanju Maruthuvam	Dr.R.Madhavan, Professor & HoD
16		Dr.P.Shanmugapriya, Professor
17		Dr.V.Manjari, Associate Professor
18	Pura Maruthuvam	Dr. M. V. Mahadevan, Associate Professor & HOD
19	VarmamMaruthuvam	Dr.D.Periyasami, Associate Professor & HoD
20	SiddharYogam Maruthuvam	Dr. V. Mahalakshmi, Professor & HoD

Note: *The Supervising Guides in the Departments of Pura Maruthuvam, Varmam Maruthuvam & Siddhar Yoga Maruthuvam can act as Supervising Guides for the candidates from M D (Siddha) Sirappu Maruthuvam Specialty, that has been trifurcated lately by NCISM into the above three departments. They can also act as Supervising Guides for the candidate opting any of the above three specialties.*

Out of the above, vacancies are available with the following Supervising Guides for the Academic Year 2025-26 :

S.No.	Name of Specialty	Name of Supervising Guide
1	Maruthuvam	Dr. H.Vetha Merlin Kumari
2	Gunapadam	Dr. A. Mariappan
3		Dr. S. Visweswaran
4	Noi Naadal	Dr. S. Elansekaran
5		Dr. M. Ramamurthy
6	Nanju Maruthuvam	Dr. P. Shanmugapriya
7	Varma Maruthuvam	Dr. D. Periyasami
8		Dr. V. Mahalakshimi
9	Pura Maruthuvam	Dr. M. V. Mahadevan
10		Dr. D. Periyasami
11	SiddharYogam Maruthuvam	Dr. V. Mahalakshimi
12		Dr. M. V. Mahadevan

23.IMPORTANT DATES

S. No.	PARTICULARS	DATE
1	Downloading application form from the website (https://nischennai.org)	25/09/2025
2	Last date for receipt of the filled-in application	14/10/2025
3	Date of written examination	20/11/2025
4	Interview	21/11/2025

24. GENERAL INSTRUCTIONS TO THE CANDIDATES:

- a) The candidate will be governed by the rules and regulations as approved by the National Institute of Siddha, Chennai and the Ph.D Regulations approved by the Tamil Nadu Dr.M.GR Medical University, Chennai from time-to-time.
- b) The candidate should perform full-time research work under his/her Supervising Guide on the approved research topic.
- c) As stipulated in the Ph.D regulations issued by the Tamil Nadu Dr. M.G.R Medical University, which is being followed by this Institute, the candidates joining for Ph.D programme in this Institute shall not hold any other posts/appointments or receive any emoluments, salary, stipend etc., from any other sources starting from the date of submission of the Application for Eligibility Certificate to the Tamil Nadu Dr. M.G.R Medical University till the completion of his/her Full Time research programme
- d) The candidates have to submit a Notarized Affidavit strictly adhering to the conditions specified in 'Point No. c' above. This Affidavit is to be attached with their Application for Eligibility Certificate. The Application for Eligibility Certificate ,along with the Notarized Affidavit, is to be forwarded in duplicate by the concerned Supervising Guide to the Academic Section with a request to forward the same to the University. The Institute will forward the Application for Eligibility Certificate, submitted by the candidate, to the University after due scrutiny. The candidates shall strictly adhere to the prescribed format and **No modification/changes in the conditions stipulated in 'Point No. c' above shall be made by the candidate in the Notarized Affidavit.**
- e) **The candidates shall submit all the documents related to their Ph.D programme through their concerned Supervising Guide only. The Supervising Guides should also submit copies of all the communications received from the**

University/elsewhere with regard to the research programmes / Guideship /candidate matters etc, to the Academic Section without fail.

- f) All the documents/communications relating to the Ph.D programme should be submitted to the University through this Institute only.**
- g) The candidates are also required to undertake teaching and other assignments as directed by the Institute, e.g., tutorials, practical demonstrations, laboratory works, etc. from time-to-time.
- h) If any candidate wishes to discontinue the Ph.D programme before the end of the tenure, as per the Tamil Nadu Dr.M.G.R Medical University norms, it should be done with the prior approval of the Director, on the recommendation of the Supervising Guide. In such case, the candidate has to refund the total stipend received by him/her till the date of discontinuation along with a penalty of Rs.10,00,000/- (Rupees Ten lakhs) as mentioned in the bond.
- i) If the candidate wishes to discontinue the full time Ph.D programme upon his / her selection to any posts under Central /State Governments before obtaining his / her Provisional Registration in the University, he/she will be relieved from the full-time Ph.D programme of this Institute without imposing any penalty.**
- j) The candidate should obtain the prior permission of the Director on the recommendation of the Supervising Guide for appearing in any examination / Interview conducted by any other Institution / Organization /Department.
- k)The candidate should complete the research work and submit the Ph.D thesis within the period prescribed in the Ph. D regulations issued by the Tamil Nadu Dr.M.G.R Medical University, failing which the candidate should refund the entire stipend received by him/her for the Ph.D programme along with the penalty of Rs.10,00,000/- (Rupees Ten Lakhs only)

Sd/-

DIRECTOR