



NATIONAL INSTITUTE OF SIDDHA

**Ministry of Ayush
Government of India**

**Ph.D PROGRAMME
(FULL TIME)**

**PROSPECTUS
2026-2027**

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The course of study leading to the award of the Degree of Doctor of Philosophy by this Institute shall be governed by these Regulations

1. INTRODUCTION

1.1. ABOUT THE INSTITUTE

Siddha system is one of the oldest systems of medicine in India. The term ‘Siddha’ means achievement and the ‘Siddhars’, who have achieved substantial knowledge in the medical field have been the propounders of this medical system. According to Sage Thirumoolar, the first disciple of the great Sage and founder of Siddha System, Agathiyar :

“Medicine is the one that cures physical ailments

Medicine is the one that cures psychological ailments

Medicine is the one that prevents diseases

Medicine is the one that bestows immortality”

The National Institute of Siddha, a premier Institute offering UG, PG and Ph.D Programmes in the Siddha System of Medicine, is situated at Tambaram Sanatorium, Chennai, Tamil Nadu. Constructed in 14.78 acres of land, this is an autonomous Institute under the Ministry of Ayush, Government of India. The Institute has been inaugurated on 03.09.2004 by the then Hon’ble Prime Minister of India. It is the only National Institute, which caters to Medical Education and research in the Siddha System.

1.2. AIMS AND OBJECTIVES

- To promote the growth and development of Siddha system of Medicine
- To provide Health care through Siddha system
- To impart Under Graduate, Post-Graduate and Doctoral education in Siddha system of Medicine
- To undertake research and dissemination of knowledge about Siddha system
- To act as a Center of excellence in Siddha

1.3. ACADEMIC PROGRAMMES

This Institute is affiliated with the Tamil Nadu Dr.M.G.R Medical University, Chennai-32. It follows the syllabus and curriculum as approved by the National Commission for Indian Systems of Medicine (NCISM), New Delhi and the Tamil Nadu Dr.M.G.R Medical University, Chennai.

The Institute conducts the following courses in Siddha System of medicine:-

- 1) B.S.M.S. (Under Graduate Course in Siddha)
- 2) M.D. (Siddha) (Post Graduate Course in Siddha)
- 3) Ph.D. (Doctoral Course in Siddha)

A NABH accredited Siddha Hospital named “Ayothidoss Pandithar Hospital” is attached with the Institute.

1.3.1. BACHELOR OF SIDDHA MEDICINE & SURGERY (BSMS)

The Institute started the Bachelor of Siddha Medicine and Surgery (BSMS) Programme with an annual intake of 60 students during the year 2022-23. It is a 5 ½ years programme, inclusive of one year internship. The admission to the BSMS programme is done through the All India Counselling conducted by Ministry of AYUSH on the basis of merit position in NEET, subject to reservation applicable as per rules.

1.3.2. DOCTOR OF MEDICINE MD (SIDDHA)

At present this Institute is offering Post-Graduate programmes in the following nine specialties.

1. Pothu Maruthuvam
2. Gunapadam Marunthiyai
3. Gunapadam Marunthakaviyal
4. Kuzhandhai Maruthuvam
5. Noi Naadal
6. Nanju Maruthuvamum
7. Varma Maruthuvam
8. Pura Maruthuvam
9. Siddhar Yoga Maruthuvam

Admission to the M.D (Siddha) programmes is done based on the marks obtained in the All-India Ayush Post-Graduate Entrance Test (AIAPGET), conducted by the Ministry of Ayush and other relevant rules.

1.4 Ph.D PROGRAMME

This Institute has been recognized by the T.N Dr. M.G.R Medical University as a center to conduct Full Time & Part Time Ph.D programmes in Eight Departments. The Ministry of AYUSH, Govt. of India has sanctioned 16 seats to this Institute in the following departments, to conduct Full-Time Ph. D programme:

- 1) Pothu Maruthuvam
- 2) Gunapadam
- 3) Kuzhandai Maruthuvam
- 4) Noi Naadal
- 5) Nanju Maruthuvam
- 6) Pura Maruthuvam
- 7) Varma Maruthuvam
- 8) Siddhar Yoga Maruthuvam

2. PURPOSE OF Ph.D PROGRAMME

Ph.D programmes provide opportunities to scholars undertake advanced studies and research in the field of Siddha. The Candidates have to submit their Ph.D Thesis for the award of Ph.D Degree to The Tamil Nadu Dr.M.G.R.Medical University, Chennai.

3. DURATION OF Ph.D PROGRAMME

The total duration of the Ph.D programme is three years. Under special circumstances, considering the importance of the work, Director, NIS, may extend the tenure of the Ph.D programme upon the recommendation of the Supervising Guide and also based on the rules and regulations of The Tamil Nadu Dr.M.G.R. Medical University, Chennai, in this regard from time-to time.

4. STIPEND

The Ph.D candidates will be paid a stipend of Rs. 50315/-+DA for the First Year and Rs. 51990/-+DA for the Second year, which may be revised from time-to-time as per the orders received from the Ministry of AYUSH. **The stipend period will commence from July 1st or January 1st every year, based on their joining session, subject to the condition that the stipend will be disbursed only after the candidate obtains confirmation of**

his/her provisional registration from The Tamil Nadu Dr M.G.R Medical University, Chennai. The stipend will be released on the basis of the attendance certified by the respective Supervising Guide and/or Biometric attendance.

As per the extant rules, no stipend is admissible after 2 years. Stipend / Salary will not be admissible for regular in-service Faculty Members/Medical Officers of Central/State Government organizations, who join the Full Time Ph.D programme by availing study leave or scholarship/fellowship from other sources.

5. ELIGIBILITY

Candidates seeking admission to the Ph.D programme should have obtained a Post-Graduate Degree in Siddha, in the concerned subject recognized by the Central Council of Indian Medicine / National Commission for Indian System of Medicine.

6. AGE LIMIT

No age limit

7. LEAVE RULES

The Ph.D Scholars are entitled for the following types of leave:

- 8 days Casual Leave per year.
- 15 days Academic Leave per year. (may be sanctioned by the Director NIS, Chennai on the basis of the recommendation of the Supervising Guide).
- 10 days Medical leave per year on production of Medical Certificate.
- Candidates are eligible for 40 days Maternity leave once in the whole period of Ph.D programme (may be sanctioned by the Director NIS, Chennai on the basis of the recommendation of the Supervising Guide).

8. HOW TO APPLY

The application form for Ph.D Programme will be available in the NIS Website: <https://nischennai.org>. Candidates can download the form and fill in all the required details. The filled in application form along with all required documents (as per check list) shall be scanned as a single PDF file and uploaded using the link provided in the NIS official website. The candidates are required to pay an application fee of **Rs.2,000/-** (Rupees Two Thousand Only) for **General Candidates and OBC candidates** and **Rs.1,500/-** (Rupees One Thousand Five Hundred Only) for **SC/ST and Persons with Disabilities** at the time of submission of application.

The application fee should be paid either through **online payment** or **UPI** by scanning the QR code available on the NIS website. Proof of online payment, such as payment receipt/transaction details/screenshot of the successful transaction must be enclosed with the application for verification purposes. The payment receipt must be attached and uploaded along with the application form, failing which the application will be summarily rejected. Service candidates must submit their applications only through their Competent Authority, along with all the required documents. Applications submitted through any other mode will not be considered under any circumstances.

Bank account details for online payment is :

Name	National Institute of Siddha, Chennai
Bank Name	Bank of Baroda
Branch Name	West Tambaram
Type of Account	Current Account
IFSC Code	BARB0TAMBAR (fifth letter zero)
Bank Account Number	26320200000638
MICR Code of Bank	600012029

The application fee, once remitted, will not be refunded under any circumstances. Incomplete or inadequately filled applications will be summarily rejected. The application fee paid by such applicants will also be forfeited.

9. MODE OF SELECTION

Applications for Ph.D Programmes are invited through a newspaper advertisement. Selection of the candidates will be done on the basis of merit that will be ascertained through a Written Test and Personal Interview. The candidates will be shortlisted for attending the interview in the ratio of 1:5 on the basis of written examination.

The Written Test will be followed by the Personal Interview by the duly constituted Selection Committee. The Selection Committee will consist of The Director, Dean, Supervising Guide and a Senior Faculty member in the concerned subject for preparing the final merit list.

For preparing the final merit list, 70% weightage will be given for written test and 30% for Interview. The decision of the Selection Committee will be final in this regard.

If two candidates of the same category/specialty score equal marks in the Written Test, their dates of birth will be considered for the purpose of short listing/preparing the final merit list. In case the dates of birth are similar then the total marks obtained in final year M.D (Siddha) examination will be considered for shortlisting/preparing the final merit list.

10. VALIDITY OF THE SELECTION PERIOD TO Ph.D. PROGRAMME

The maximum period for validity of the Selection of the candidates, through the Ph.D. Entrance Test conducted by this Institute would be 2 years. During this period the candidates will be permitted to attend a maximum of 4 Screening Sessions conducted by the Tamil Nadu Dr. M.G.R Medical University. Even after 4 Screening Sessions if a candidate fails to secure Provisional Registration for their Ph.D. Programme in the Tamil Nadu Dr. M.G.R Medical University, their selection based on the Ph.D. Entrance Test would be treated as invalid and they shall have to re-appear for the Ph.D. Entrance Test, in order to pursue Ph.D. programme in this Institute in future.

11. EXAMINATION PATTERN

The Question Paper will consist of 100 MCQ Questions from the following subjects:

Concerned PG subjects : 70 marks

Research Methodology and Bio Statistics : 30 marks

One mark will be awarded for each correct answer. Negative marks will also be there. 0.25 marks will be deducted for each wrong answer or if more than one answer has been selected. Zero mark will be given for unattended questions.

12.FEES

1. The selected Candidates have to remit the following fee:-

First Year fee for Ph.D programme			
<i>I Installment (At the time of admission)</i>		<i>II Installment (after getting provisional registration from the T.N Dr. M.G.R Medical University)</i>	
Item	Amount (Rs.)	Item	Amount (Rs.)
Non-refundable		Non-refundable	
Admission fee	5000	Tuition fee	5000
Research fee	25000	Research fee	20000
Bulletin fee	750	Lab/Hospital fee	3000
Computer & Internet fee	5000	Sports fee	1000
Library fee	4000	Annual Day/ Cultural fee	1000
Literary fee	1000		
Development fee	2500		
Prospectus fee	2000		
Identity Card	500		
Refundable			
Caution Deposit	25000		
Total	70750	Total	30000
Grand Total of I & II Installments		70750 + 30000	100750

Note-Admission fee (Non-Refundable) once remitted will not be refunded under any circumstances

2. For the Second and Third year the fees will be as follows:

S.No	Particulars	II year (₹)	III year (₹)
1	Tuition fee	0	0
2	Admission fee	0	0
3	Research fee	45000	45000
4	Bulletin fee	0	0
5	Computer & Internet fee	5000	5000
6	Library fee	4000	4000
7	Lab / Hospital fee	3000	3000
8	Sports fee	1000	1000
9	Annual Day /Cultural fee	1000	1000
10	Literary fee	1000	1000
11	Development fee	2500	2500
Total		62500	62500

(Rupees Sixty Two Thousand and Five Hundred only)

13. TOPIC OF RESEARCH

The Research topic should be relevant to their specialty and follow the regulatory guidelines.

14. CONFERENCE

Candidate should attend minimum two National /International Conferences in a year and should present atleast two research papers in a year. They are not eligible for TA/DA/Registration fees to meet out the expenses related to conferences.

15. PUBLICATIONS

The Ph.D. work of the candidates should be published in peer reviewed journals like Scopus, Pub Med, UGC approved journals as an article or in the form of a book for its public utility. Acknowledgement should be given to NIS and The Tamil Nadu Dr.M.G.R Medical University, Chennai.

16. CONTINGENT GRANT

Candidates are eligible for a Contingent Grant of Rs.15,000/- (Rupees Fifteen Thousand only) for Second and Third year only. Contingent Grant will be released to the candidate subject to the following rules:

a) The Candidate may utilize the Contingent Grant for the purchase of apparatus, chemicals, books and journals, Photocopying, photographs, typing, stationery, postage and field work /travel needed in connection with their PhD. programme, study tours with the approval of the

Director on the recommendation of the Supervising Guide, etc.,

(b) The Contingent Grant is not intended for meeting the expenditure on the purchase of other items normally provided by the Institute and for payment of examination and other fees.

(c) The non-consumable articles purchased out of the Contingent Grant will be first entered in the accession/stock register of the library/store of the concerned department and then the articles will be issued to the Ph.D. scholar, so as to ensure that on expiry/termination/relinquishment of the fellowship, the non-consumable articles are returned to the concerned departments.

(d) For each expenditure met out of the Contingent Grant, a certificate from the Supervising Guide to the effect that the expenditure incurred is in furtherance of the approved Ph.D. programme will be necessary.

(e) Travelling allowance, to be met out from the Contingent Grant for approved field work/travel in connection with the research work, will be restricted to 3 tier A/C sleeper only.

17.NUMBER OF SEATS

16 seats are available for the Full Time Ph.D. programme for the academic year 2026-27, which will also be based on the availability of Supervising Guides in this Institute.

18.RESERVATIONS

Communal reservation will be provided as per the Central Government rules admissible from time-to-time, provided the candidates fulfill the minimum qualifications laid down as mentioned above. Reservation of seats for the year 2026-27 will be as follows:-

S.No.	Specialty	UR	OBC	SC	ST	Total
1	Pothu Maruthuvam	1	1	---	---	2
2	Gunapadam	1	---	---	1	2
3	Kuzhandhai Maruthuvam	---	1	1	---	2
4	Noi Naadal	1 (PwD)+ 1	----	---	---	2
5	Nanju Maruthuvam	1	1	---	---	2
6	Pura Maruthuvam	2	---	---	---	2
7	Varma Maruthuvam	---	1	1	---	2
8	Siddhar Yoga Maruthuvam	2	---	---	---	2
	TOTAL	9 (including PwD)	4	2	1	16

Note: In case of non-availability of differently abled candidate (PwD) the same seat will be offered to candidate belonging to unreserved category.

19.PATENT RIGHTS

The Patent rights obtained as an outcome of the research work will vest jointly with

NIS Chennai, the Supervising Guide and the Candidate.

20.HOSTEL ACCOMMODATION

Hostel accommodation may be provided to the Ph.D. scholars, subject to availability.

21.DISCIPLINARY PROCEDURE

The candidate, if found indulging in any indiscipline or anti – social activities / creating nuisance in any manner, will be terminated from the Ph.D. programme with immediate effect. In such case, the candidate has to refund the total stipend received by him/her till the date of termination along with the penalty of Rs.2,00,000/- (Rupees Two lakhs).

22.NAME OF SUPERVISING GUIDES

S.No.	Name of Specialty	Name of Supervising Guide
1	Pothu Maruthuvam	Prof.Dr.H.Vetha Merlin Kumari, Professor & HOD
2		Prof.Dr.H. Nalini Sofia, Professor
3	Gunapadam	Prof.Dr.S.Visweswaran, Professor & HOD
4		Prof.Dr.S. Sivakkumar, Professor & HOD
5	Kuzhandhai Maruthuvam	Prof.Dr. M. Meenakshi Sundaram, Professor & HOD
6		Prof.Dr. A.M. Amala Hazel, Professor
7		Prof.Dr.K.Suresh, Professor
8		Prof.Dr.P. Arul Mozhi, Professor
9		Prof.Dr.K.Vennila, Professor
10	Noi Naadal	Prof.Dr. G.J Christian, Professor & HOD
11		Prof.Dr. S. Elansekaran, Professor
12		Prof.Dr. M. Ramamurthy, Professor
13	Nanju Maruthuvam	Prof.Dr.R.Madhavan, Professor & HOD
14		Prof.Dr.P.Shanmugapriya, Professor
15		Prof.Dr.V.Manjari, Professor
16		Dr.R.Sathish Adithya, Assistant Professor
17	Varma Maruthuvam	Prof.Dr. V. Mahalakshmi, Professor & HoD
18	Pura Maruthuvam	Prof.Dr. M. V. Mahadevan, Professor & HoD
19	Siddhar Yoga Maruthuvam	Prof.Dr.D.Periyasami, Professor and HoD

Out of the above, vacancies are available with the following Supervising Guides for the Academic Year 2026-27:

S.No.	Name of Specialty	Name of Supervising Guide
1	Pothu Maruthuvam	Prof. Dr. H.Vetha Merlin Kumari
		Prof. Dr. H. Nalini Sofia
2	Gunapadam	Prof. Dr. S. Visweswaran
		Prof. Dr.S. Sivakkumar
3	Kuzhandhai Maruthuvam	Prof. Dr. M. Meenakshi Sundaram
		Prof. Dr. A.M. Amala Hazel
4	Noi Naadal	Prof. Dr. S. Elansekaran
		Prof. Dr. M. Ramamurthy
5	Nanju Maruthuvam	Prof. Dr. P. Shanmugapriya
		Prof. Dr.V.Manjari
6	Varma Maruthuvam	Prof.Dr. V. Mahalakshmi
7	Pura Maruthuvam	Prof.Dr. M. V. Mahadevan
8	Siddhar Yoga Maruthuvam	Prof.Dr.D.Periyasami

Note:

1. The Supervisor shall be allotted to the candidates on the basis of Supervisor allotment policy of the Institute.
2. The Supervising Guides in the Departments of Pura Maruthuvam, Varmam Maruthuvam & Siddhar Yoga Maruthuvam can act as Supervising Guides for the candidates from M D (Siddha) Sirappu Maruthuvam Specialty, that has been trifurcated by NCISM into the above three specialties. They can also act as Supervising Guides for the candidate opting any of the above three specialties.

23.IMPORTANT DATES

S. No.	PARTICULARS	DATE
1	Downloading application form from the website (https://nischennai.org)	23.07.2026 (Thursday)
2	Last date for receipt of the filled-in application	24.08.2026 (Monday)
3	Date of written examination	10.09.2026 (Thursday)
4	Date of Interview	11.09.2026 (Friday)

24. GENERAL INSTRUCTIONS TO THE CANDIDATES:

- a) The candidate will be governed by the rules and regulations as approved by the National Institute of Siddha, Chennai and the Ph.D. Regulations approved by the Tamil Nadu Dr.M.G.R. Medical University, Chennai from time-to-time.
- b) The candidate should perform full-time research work under his/her Supervising Guide on the approved research topic.
- c) As stipulated in the Ph.D. regulations issued by the Tamil Nadu Dr. M.G.R Medical University, which is being followed by this Institute, the candidates joining for Ph.D. programme in this Institute shall not hold any other posts/appointments or receive any emoluments, salary, stipend etc., from any other sources starting from the date of submission of the Application for Eligibility Certificate to the Tamil Nadu Dr. M.G.R Medical University till the completion of his/her Full Time research programme.
- d) The candidates have to submit a Notarized Affidavit strictly adhering to the conditions specified in 'Point No. c' above. This Affidavit is to be attached with their Application for Eligibility Certificate. The Application for Eligibility Certificate, along with the Notarized Affidavit, is to be forwarded in duplicate by the concerned Supervising Guide to the Academic Section with a request to forward the same to the University. The Institute will forward the Application for Eligibility Certificate, submitted by the candidate, to the University after due scrutiny. The candidates shall strictly adhere to the prescribed format and **No** modification/changes in the conditions stipulated in 'Point No. c' above shall be made by the candidate in the Notarized Affidavit.
- e) The candidates shall submit all the documents related to their Ph.D programme through their concerned Supervising Guide only. The Supervising Guides should also submit copies of all the communications received from the University/elsewhere with regard to the research programmes / Guideship /candidate matters etc, to the Academic Section without fail.
- f) All the documents/communications relating to the Ph.D. programme should be submitted to the University through this Institute only.
- g) The candidates are also required to undertake teaching and other assignments as directed by the Institute, e.g., tutorials, practical demonstrations, laboratory works, etc. from time-to-time.
- h) If any candidate wishes to discontinue the Ph.D programme before the end of the tenure, as per the Tamil Nadu Dr.M.G.R Medical University norms, it should be

done with the prior approval of the Director, on the recommendation of the Supervising Guide. In such case, the candidate has to refund the total stipend received by him/her till the date of discontinuation along with a penalty of Rs.2,00,000/- (Rupees Two lakhs only). A Bond is to be executed in this regard.

- i) If the candidate wishes to discontinue the full time Ph.D programme upon his / her selection to any posts under Central /State Governments before obtaining his/ her Provisional Registration in the University, he/she will be relieved from the full-time Ph.D. programme of this Institute without imposing any penalty.
- j) The candidate should obtain the prior permission of the Director on the recommendation of the Supervising Guide for appearing in any examination / Interview conducted by any other Institution / Organization /Department.
- k) The candidate should complete the research work and submit the Ph.D. thesis within the period prescribed in the Ph. D. regulations issued by the Tamil Nadu Dr.M.G.R Medical University, failing which the candidate should refund the entire stipend received by him/her for the Ph.D. programme along with the penalty of Rs.2,00,000/- (Rupees Two Lakhs only).
- l) The Ph.D. Scholars can also be terminated from the programme at any time if the work and the conduct of the candidates are found to be unsatisfactory by the Competent Authority.

Sd/-

DIRECTOR